

Harms Thomas
Form 4
April 04, 2018

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Harms Thomas

(Last) (First) (Middle)

800 W. OLYMPIC BLVD., SUITE 406

(Street)

LOS ANGELES, CA 90015

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
HERBALIFE LTD. [HLF]

3. Date of Earliest Transaction (Month/Day/Year)
04/02/2018

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)

SVP, China & APAC

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	04/02/2018		M ⁽¹⁾⁽²⁾		9,176	A	\$ 30.44
Common Stock	04/02/2018		D ⁽¹⁾⁽²⁾		2,869	D	\$ 97.38
Common Stock	04/02/2018		F ⁽¹⁾⁽²⁾		3,128	D	\$ 97.38
Common Stock	04/02/2018		M ⁽¹⁾⁽³⁾		6,639	A	\$ 59.98
Common Stock	04/02/2018		D ⁽¹⁾⁽³⁾		4,090	D	\$ 97.38

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Common Stock	04/02/2018	<u>F(1)(3)</u>	1,265	D	\$ 97.38	9,097	D
Common Stock	04/02/2018	<u>M(1)(4)</u>	11,803	A	\$ 44.79	20,900	D
Common Stock	04/02/2018	<u>D(1)(4)</u>	5,429	D	\$ 97.38	15,471	D
Common Stock	04/02/2018	<u>F(1)(4)</u>	3,161	D	\$ 97.38	12,310	D
Common Stock	04/02/2018	<u>M(1)(5)</u>	4,167	A	\$ 53.29	16,477	D
Common Stock	04/02/2018	<u>D(1)(5)</u>	2,281	D	\$ 97.38	14,196	D
Common Stock	04/02/2018	<u>F(1)(5)</u>	684	D	\$ 97.38	13,512	D
Common Stock	04/02/2018	<u>M(1)(6)</u>	5,032	A	\$ 22.94	18,544	D
Common Stock	04/02/2018	<u>D(1)(6)</u>	1,186	D	\$ 97.38	17,358	D
Common Stock	04/02/2018	<u>F(1)(6)</u>	1,331	D	\$ 97.38	16,027	D
Common Stock	04/04/2018	<u>S(1)</u>	11,393	D	\$ 95.98	4,634	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount
Stock Appreciation	\$ 30.44	04/02/2018		<u>M(1)(2)</u>	9,176	03/02/2018	03/02/2025	Common Stock	9

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