

Edgar Filing: ESSIG STUART - Form 4

ESSIG STUART
Form 4
March 19, 2003

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

1. Name and Address of Reporting Person(s)

Essig, Stuart M.

(Last) (First) (Middle)

311 Enterprise Drive

(Street)

Plainsboro, New Jersey 08536

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

Integra LifeSciences Holdings Corp. (IART)

3. I.R.S. Identification Number of Reporting Person, if an entity (Voluntary)

4. Statement for Month/Day/Year

03/18/2003

5. If Amendment, Date of Original (Month/Day/Year)

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

[X] Director [] 10% Owner
[X] Officer (give title below) [] Other (specify below)
President and Chief Executive Officer

7. Individual or Joint/Group Filing (Check Applicable Line)

Edgar Filing: ESSIG STUART - Form 4

[X] Form filed by One Reporting Person
 [] Form filed by More than One Reporting Person

Table I Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1) Title of Security	2) Trans- action Date (Month/ Day/Year)	3. Trans- action Code Code V	4. Securities Acquired (A) or Disposed of (D) Amount	A or D	Price
Common Stock	03/18/03	M	161,000	A	\$5.8750
Common Stock	03/18/03	S	161,000	D	\$22.0000
Common Stock	03/18/03	M	39,000	A	\$5.8750
Common Stock	03/18/03	S	39,000	D	\$22.0000

Table II (PART 1) Derivative Securities Acquired, Disposed of, or Beneficially Owned (Columns 1

1) Title of Derivative Security	2) Conversion or Exercise Price of Derivative Security	3) Trans- action Date	4) Trans- action Code Code V	5) Number of Derivative Securities Acquired (A) or Disposed of (D) A	D
Non-Qualified Stock Option (right to buy)	\$5.8750	03/18/03	M		39,000
Non-Qualified Stock Option (right to buy) (2)	\$5.8750	03/18/03	M		161,000

Table II (PART 2) Derivative Securities Acquired, Disposed of, or Beneficially Owned (Columns 1

1) Title of Derivative Security	3) Trans- action Date	7) Title and Amount of Underlying Securities Title	8) Price of Deri- vative Security Amount or Number of Shares
-			
Non-Qualified Stock Option (right to buy)	03/18/03	Common Stock	39,000
Non-Qualified Stock Option (right to buy) (2)	03/18/03	Common Stock	161,000

Explanation of Responses:

- (1) 25% of the options vest one year after the grant date, with the remaining 75% vesting monthly
 (2) Granted on December 27, 1997

SIGNATURE OF REPORTING PERSON
 /S/ Essig, Stuart M.

DATE 03/18/03