KADANT INC Form 4 March 14, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * LAMBERT SANDRA L

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

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burden hours per

(Middle)

KADANT INC [KAI]

(Check all applicable)

KADANT INC., ONE TECHNOLOGY PARK DRIVE

(First)

3. Date of Earliest Transaction

(Month/Day/Year)

03/10/2017

Director 10% Owner _X__ Officer (give title _ Other (specify

below) VP, GENERAL COUNSEL, SECRETARY

(Street) 4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

WESTFORD, MA 01886

(City)	(State)	Zip) Table	e I - Non-D	erivative :	Secur	ities Acc	quired, Disposed	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)		3. Transactio Code (Instr. 8)	4. Securities Acquired n(A) or Disposed of (D) (Instr. 3, 4 and 5)			Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	03/10/2017		M	948	A	(1)	20,167	D	
Common Stock	03/10/2017		F	308	D	\$ 57.8	19,859	D	
Common Stock	03/10/2017		M	236	A	<u>(2)</u>	20,095	D	
Common Stock	03/10/2017		F	77	D	\$ 57.8	20,018	D	
Common Stock	03/10/2017		M	809	A	<u>(3)</u>	20,827	D	

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Common Stock	03/10/2017	F	263	D	\$ 57.8	20,564	D
Common Stock	03/10/2017	M	206	A	<u>(4)</u>	20,770	D
Common Stock	03/10/2017	F	67	D	\$ 57.8	20,703	D
Common Stock	03/10/2017	M	1,169	A	<u>(5)</u>	21,872	D
Common Stock	03/10/2017	F	380	D	\$ 57.8	21,492	D
Common Stock	03/10/2017	M	300	A	<u>(6)</u>	21,792	D
Common Stock	03/10/2017	F	98	D	\$ 57.8	21,694	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricted Stock Unit	\$ 0	03/10/2017		M	948	<u>(1)</u>	03/10/2017	Common Stock	948
Restricted Stock Unit	\$ 0	03/10/2017		M	236	(2)	03/10/2017	Common Stock	236
Restricted Stock Unit	\$ 0	03/10/2017		M	809	(3)	03/10/2018	Common Stock	809
Restricted Stock Unit	\$ 0	03/10/2017		M	206	<u>(4)</u>	03/10/2018	Common Stock	206
	\$ 0	03/10/2017		M	1,169	<u>(5)</u>	03/31/2019		1,169

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Restricted Stock Unit							Common Stock	
Restricted Stock Unit	\$ 0	03/10/2017	M	300	<u>(6)</u>	03/31/2019	Common Stock	300

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

LAMBERT SANDRA L KADANT INC. ONE TECHNOLOGY PARK DRIVE WESTFORD, MA 01886

VP, GENERAL COUNSEL, SECRETARY

Signatures

by Melodie T. Morin for Sandra L. Lambert

03/14/2017

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares represent the partial settlement under a performance-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
- (2) The shares represent the partial settlement under a time-based RSU award granted March 5, 2014. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
- (3) The shares represent the partial settlement under a performance-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
- (4) The shares represent the partial settlement under a time-based RSU award granted March 9, 2015. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
- (5) The shares represent the partial settlement under a performance-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.
- (6) The shares represent the partial settlement under a time-based RSU award granted March 8, 2016. One-third of the RSU vested and became distributable on March 10, 2017 and was converted to common stock on a one-for-one basis on the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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