Edgar Filing: NATIONAL HEALTH INVESTORS INC - Form 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

2. Issuer Name and Ticker or Trading

NATIONAL HEALTH

NATIONAL HEALTH INVESTORS INC

Form 4

March 29, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

Estimated average burden hours per

response... 0.5

5. Relationship of Reporting Person(s) to

Issuer

Check this box if no longer subject to Section 16. Form 4 or

Form 5

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Symbol

may continue. See Instruction 1(b).

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

ADAMS W ANDREW

1. Name and Address of Reporting Person *

					NATIONAL HEALTH INVESTORS INC [NHI]			(Check all applicable)					
(Last) (First) (Middle) 100 VINE STREET, SUITE 1400				(Month/Day/Year)			_X Director 10% Owner Other (specify below) President & CEO						
(Street)				Filed(Month/Day/Year) A _j			. Individual or Joint/Group Filing(Check pplicable Line) X_ Form filed by One Reporting Person _ Form filed by More than One Reporting						
MURFREESBORO, TN 37130					P				Person				
	(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
	1.Title of Security (Instr. 3) Common	2. Transactic (Month/Day	//Year) l	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	on(A) or Dis (Instr. 3, 4	es Acquired posed of (D and 5) (A) or (D) Price	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
	Stock by Adams Family Foundation II							222,307	I	Trustee			
	Common Stock by Springland Ventures, L.P.							44,000	D				
	Common Stock by Adams Investments							71,994	I	Partnership			

L.P.

Common

Stock by The 1,864,043 D Adams Group,

L.P.

Common

36,100 A \$ 26.4 546,421 Stock by D 03/21/2005

AMK, L.P.

Common Stock by

Children & 9,750 Trustee Ι

Grandchilren's

Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	e and	8. Price of	9. Nu
]	Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
,	Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secui
((Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
		Derivative				Securities	;		(Instr.	3 and 4)		Owne
		Security				Acquired						Follo
						(A) or						Repo
						Disposed						Trans
						of (D)						(Instr
						(Instr. 3,						
						4, and 5)						
										Amount		
							Date	Expiration		or		
							Exercisable Date	•	Title Numbe	Number		
									of			
					Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
ADAMS W ANDREW 100 VINE STREET, SUITE 1400 MUREREESBORO, TN 37130	X		President & CEO				

2 Reporting Owners

Signatures

W. Andrew 03/29/2005 Adams

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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