

HEALTHWAYS, INC
Form 10-Q
January 08, 2008
UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 10-Q

Quarterly Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

For the Quarterly Period Ended November 30, 2007

or

Transition Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

For the transition period from _____ to _____

Commission File Number 000-19364

HEALTHWAYS, INC.

(Exact Name of Registrant as Specified in its Charter)

Delaware
(State or Other Jurisdiction of
Incorporation or Organization)

62-1117144
(I.R.S. Employer
Identification No.)

3841 Green Hills Village Drive, Nashville, TN 37215

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(Address of Principal Executive Offices) (Zip Code)

615-665-1122

(Registrant's Telephone Number, Including Area Code)

(Former name, former address and former fiscal year, if changed since last report)

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days.

Yes No

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, or a non-accelerated filer. See definition of accelerated filer and large accelerated filer in Rule 12b-2 of the Exchange Act. (Check one):

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Large accelerated filer Accelerated filer Non-accelerated filer

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act).

Yes No

As of January 4, 2008 there were outstanding 35,943,790 shares of the Registrant's Common Stock, par value \$.001 per share.

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Healthways, Inc.

Form 10-Q

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Part I**Item 1. Financial Statements****HEALTHWAYS, INC.****CONSOLIDATED BALANCE SHEETS****(In thousands)****(Unaudited)****ASSETS**

| | November 30, 2007 | August 31, 2007 |
|---|------------------------------|----------------------------|
| Current assets: | | |
| Cash and cash equivalents | \$ 54,528 | \$ 47,655 |
| Accounts receivable, net | 100,385 | 80,201 |
| Prepaid expenses | 9,125 | 10,370 |
| Other current assets | 5,900 | 4,319 |
| Income taxes receivable | | 1,741 |
| Deferred tax asset | 7,951 | 7,145 |
| Total current assets | 177,889 | 151,431 |
| Property and equipment: | | |
| Leasehold improvements | 19,364 | 19,268 |
| Computer equipment and related software | 93,948 | 87,843 |
| Furniture and office equipment | 20,429 | 20,435 |
| Capital projects in process | 27,479 | 12,336 |
| | 161,220 | 139,882 |
| Less accumulated depreciation | (87,620) | (81,160) |
| | 73,600 | 58,722 |
| Other assets | 14,971 | 15,609 |
| Customer contracts, net | 39,956 | 41,777 |
| Other intangible assets, net | 75,566 | 77,722 |
| Goodwill, net | 483,727 | 483,584 |
| Total assets | \$ 865,709 | \$ 828,845 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

CONSOLIDATED BALANCE SHEETS

(In thousands, except share and per share data)

(Unaudited)

LIABILITIES AND STOCKHOLDERS EQUITY

| | November 30, 2007 | August 31, 2007 |
|---|----------------------|--------------------|
| Current liabilities: | | |
| Accounts payable | \$ 19,998 | \$ 13,630 |
| Accrued salaries and benefits | 24,609 | 18,960 |
| Accrued liabilities | 25,542 | 22,146 |
| Deferred revenue | 6,878 | 7,918 |
| Contract billings in excess of earned revenue | 76,380 | 72,829 |
| Income taxes payable | 2,672 | |
| Current portion of long-term debt | 2,202 | 2,213 |
| Current portion of long-term liabilities | 2,869 | 2,943 |
| Total current liabilities | 161,150 | 140,639 |
| Long-term debt | 286,519 | 297,059 |
| Long-term deferred tax liability | 249 | 14,009 |
| Other long-term liabilities | 33,135 | 14,388 |
| Stockholders' equity: | | |
| Preferred stock | | |
| \$.001 par value, 5,000,000 shares authorized, none outstanding | | |
| Common stock | | |
| \$.001 par value, 75,000,000 shares authorized, 35,912,107 and 35,606,482 shares outstanding | 36 | 35 |
| Additional paid-in capital | 200,510 | 188,126 |
| Retained earnings | 185,137 | 174,641 |
| Accumulated other comprehensive loss | (1,027) | (52) |
| Total stockholders' equity | 384,656 | 362,750 |
| Total liabilities and stockholders' equity | \$ 865,709 | \$ 828,845 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

CONSOLIDATED STATEMENTS OF OPERATIONS

(In thousands, except earnings per share data)

(Unaudited)

| | Three Months Ended | |
|--|--------------------|------------|
| | November 30, | |
| | 2007 | 2006 |
| Revenues | \$ 175,819 | \$ 117,055 |
| Cost of services (exclusive of depreciation and amortization of \$7,810 and \$5,635, respectively, included below) | 124,186 | 77,549 |
| Selling, general & administrative expenses | 16,848 | 12,584 |
| Depreciation and amortization | 10,458 | 6,818 |
| Operating income | 24,327 | 20,104 |
| Interest expense | 5,341 | 295 |
| Income before income taxes | 18,986 | 19,809 |
| Income tax expense | 7,803 | 7,975 |
| Net income | \$ 11,183 | \$ 11,834 |
| Earnings per share: | | |
| Basic | \$0.31 | \$0.34 |
| Diluted | \$0.30 | \$0.32 |
| Weighted average common shares and equivalents: | | |
| Basic | 35,717 | 34,627 |
| Diluted | 37,690 | 36,608 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.**CONSOLIDATED STATEMENT OF CHANGES IN STOCKHOLDERS' EQUITY****For the Three Months Ended November 30, 2007****(In thousands)****(Unaudited)**

| | Preferred Stock | Common Stock | Additional Paid-in Capital | Retained Earnings | Accumulated Other Comprehensive Loss | Total |
|--|----------------------------|-------------------------|---|------------------------------|---|--------------|
| Balance, August 31, 2007 | \$ | \$35 | \$188,126 | \$174,641 | \$(52) |) \$362,750 |
| Cumulative effect of change in accounting principle - adoption of FIN 48 | | | | (687) |) | (687) |
| Comprehensive income: | | | | | | |
| Net income | | | | 11,183 | | 11,183 |
| Net change in fair value of interest rate swap, net of income taxes of \$831 | | | | | (1,241) |) (1,241) |
| Foreign currency translation adjustment | | | | | 266 | 266 |
| Total comprehensive income | | | | | | 10,208 |
| Exercise of stock options | | 1 | 2,667 | | | 2,668 |
| Tax benefit of option exercises | | | 5,555 | | | 5,555 |
| Share-based employee compensation expense | | | 4,162 | | | 4,162 |
| Balance, November 30, 2007 | \$ | \$36 | \$200,510 | \$185,137 | \$(1,027) |) \$384,656 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

CONSOLIDATED STATEMENTS OF CASH FLOWS

(In thousands)

(Unaudited)

| | Three Months Ended | |
|---|----------------------|------------|
| | November 30, 2007 | 2006 |
| Cash flows from operating activities: | | |
| Net income | \$ 11,183 | \$ 11,834 |
| Adjustments to reconcile net income to net cash provided by operating activities, net of business acquisitions: | | |
| Depreciation and amortization | 10,458 | 6,818 |
| Amortization of deferred loan costs | 292 | 120 |
| Share-based employee compensation expense | 4,162 | 4,044 |
| Excess tax benefits from share-based payment arrangements | (5,385) | (1,240) |
| Increase in accounts receivable, net | (20,204) | (7,441) |
| Decrease (increase) in other current assets | 1,393 | (500) |
| Increase in accounts payable | 1,189 | 2,988 |
| Increase (decrease) in accrued salaries and benefits | 5,649 | (21,091) |
| Increase in other current liabilities | 15,796 | 14,007 |
| Deferred income taxes | (2,937) | (2,461) |
| Other | 3,645 | 520 |
| Decrease in other assets | 346 | 1,767 |
| Payments on other long-term liabilities | (111) | |
| Net cash flows provided by operating activities | 25,476 | 9,365 |
| Cash flows from investing activities: | | |
| Acquisition of property and equipment | (15,999) | (3,865) |
| Acquisitions, net of cash acquired | (106) | (866) |
| Other, net | | (13) |
| Net cash flows used in investing activities | (16,105) | (4,744) |
| Cash flows from financing activities: | | |
| Deferred loan costs | | (105) |
| Excess tax benefits from share-based payment arrangements | 5,385 | 1,240 |
| Payments of long-term debt | (10,551) | (43) |
| Exercise of stock options | 2,668 | 1,397 |
| Net cash flows (used in) provided by financing activities | (2,498) | 2,489 |
| Net increase in cash and cash equivalents | 6,873 | 7,110 |
| Cash and cash equivalents, beginning of period | 47,655 | 154,792 |
| Cash and cash equivalents, end of period | \$ 54,528 | \$ 161,902 |

See accompanying notes to the consolidated financial statements.

HEALTHWAYS, INC.

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS

(Unaudited)

(1) Interim Financial Reporting

The accompanying consolidated financial statements of Healthways, Inc. and its wholly-owned subsidiaries for the three months ended November 30, 2007 and 2006 are unaudited. However, in our opinion, the consolidated financial statements reflect all adjustments consisting of normal, recurring accruals necessary for a fair presentation.

We have omitted certain financial information that is normally included in financial statements prepared in accordance with accounting principles generally accepted in the United States but that is not required for interim reporting purposes. You should read the accompanying consolidated financial statements in conjunction with the financial statements and notes thereto included in our Annual Report on Form 10-K for the fiscal year ended August 31, 2007.

(2) Recently Issued Accounting Standards

Business Combinations

In December 2007, the Financial Accounting Standards Board (FASB) issued Statements of Financial Accounting Standards (SFAS) No. 141 (revised 2007), Business Combinations . This statement expands the definition of a business and a business combination and generally requires the acquiring entity to recognize all of the assets and liabilities of the acquired business, regardless of the percentage ownership acquired, at their fair values. It also requires that contingent consideration and certain acquired contingencies be recorded at fair value on the acquisition date and that acquisition costs generally be expensed as incurred.

SFAS No. 141(R) is effective for fiscal years beginning after December 15, 2008. We have not yet completed our analysis of the impact that the implementation of SFAS No. 141(R) will have on our results of operations or financial condition.

Accounting for Uncertainty in Income Taxes

On September 1, 2007, we adopted the provisions of FASB Interpretation (FIN) No. 48, Accounting for Uncertainty in Income Taxes - an interpretation of FASB Statement No. 109 (see Note 6). FIN No. 48 creates a single model to address uncertainty in income tax positions by prescribing the minimum recognition threshold a tax position is required to meet before being recognized in the financial statements. It also provides guidance on derecognition of income tax assets and liabilities, classification of current and deferred income tax assets and liabilities, accounting for interest and penalties associated with tax positions, and income tax disclosures.

(3) Share-Based Compensation

We have several shareholder-approved stock incentive plans for employees and directors. We currently have three types of share-based awards outstanding under these plans: stock options, restricted stock, and restricted stock units. We believe that such awards align the

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interests of our employees and directors with those of our stockholders. We account for share-based compensation in accordance with SFAS No. 123(R), Share-Based Payment. For the three months ended November 30, 2007 and 2006, we recognized share-based compensation costs of \$4.2 million and \$4.0 million, respectively.

In October 2007, we granted annual equity awards, including stock options and restricted stock units, for fiscal 2007 performance. A summary of our stock options as of November 30, 2007 and changes during the three months then ended is presented below:

| Options | Shares (000s) | Weighted-Average Exercise Price | Weighted-Average Remaining Contractual Term (years) | Aggregate Intrinsic Value (\$000s) |
|----------------------------------|------------------|------------------------------------|--|--|
| Outstanding at September 1, 2007 | 5,245 | \$ 22.46 | | |
| Granted | 376 | 55.31 | | |
| Exercised | (305) | 9.09 | | |
| Forfeited or expired | (30) | 35.95 | | |
| Outstanding at November 30, 2007 | 5,286 | \$ 25.50 | 5.47 | \$ 173,770 |
| Exercisable at November 30, 2007 | 2,799 | \$ 12.93 | 4.86 | \$ 127,164 |

The weighted-average grant-date fair value of options granted during the three months ended November 30, 2007 was \$25.60.

The following table shows a summary of our restricted stock and restricted stock units (nonvested shares) of November 30, 2007 as well as activity during the three months then ended.

| Nonvested Shares | Shares (000s) | Weighted-Average Grant Date Fair Value |
|--------------------------------|------------------|--|
| Nonvested at September 1, 2007 | 364 | \$ 43.76 |
| Granted | 120 | 54.92 |
| Vested | (1) | 34.84 |
| Forfeited | (7) | 44.04 |
| Nonvested at November 30, 2007 | 476 | \$ 46.60 |

(4) Goodwill

The change in the carrying amount of goodwill during the three months ended November 30, 2007 is shown below:

| (In \$000s) | |
|-----------------------------------|-----------|
| Balance, August 31, 2007 | \$483,584 |
| Purchase price adjustments - Axia | 120 |
| Other purchase price adjustments | 23 |
| Balance, November 30, 2007 | \$483,727 |

(5) Intangible and Other Assets

Intangible assets subject to amortization at November 30, 2007 consist of the following:

| (In \$000s) | Gross Carrying Amount | Accumulated Amortization | Net |
|-----------------------------------|--------------------------|-----------------------------|-----------|
| Acquired technology | \$ 22,657 | \$ 11,469 | \$ 11,188 |
| Customer contracts | 53,140 | 13,184 | 39,956 |
| Patents | 22,603 | 734 | 21,869 |
| Distributor and provider networks | 8,709 | 1,221 | 7,488 |
| Other | 2,137 | 509 | 1,628 |
| Total | \$ 109,246 | \$ 27,117 | \$ 82,129 |

Intangible assets subject to amortization are being amortized over estimated useful lives ranging from one to 14 years. Total amortization expense for the three months ended November 30, 2007 and 2006 was \$4.0 million and \$1.0 million, respectively. Estimated amortization expense is \$12.0 million for the remainder of fiscal 2008, \$12.1 million for fiscal 2009, \$11.1 million for fiscal 2010, \$10.6 million for fiscal 2011, \$8.9 million for fiscal 2012, and \$27.4 million thereafter.

Intangible assets not subject to amortization at November 30, 2007 and 2006 consist of trade names of \$33.4 million and \$4.3 million, respectively.

(6) Income Taxes

We adopted the provisions of FIN No. 48 on September 1, 2007. FIN No. 48 prescribes a recognition threshold and measurement attribute for the financial statement recognition and measurement of a tax position taken or expected to be taken in a tax return. FIN No. 48 also provides guidance on derecognition, classification, interest and penalties, accounting for interim periods, disclosure and transition.

Adopting FIN No. 48 had the following impact on our financial statements: increased long-term liabilities by \$11.9 million; decreased our income taxes payable by \$0.2 million; decreased long-term deferred tax liabilities by \$11.0 million; and decreased our retained earnings by \$0.7 million. As of September 1, 2007, we had \$11.1 million of unrecognized tax benefits of which \$0.4 million, if recognized, would affect our effective tax rate. Our policy is to include interest and penalties related to unrecognized tax benefits in income tax expense. As of September 1, 2007 we had accrued interest related to uncertain tax positions of \$0.8 million on our balance sheet.

We file income tax returns in the U.S. Federal jurisdiction and in various state and foreign jurisdictions. Tax years remaining subject to examination in these jurisdictions include 2004 to present.

(7) Derivative Investments and Hedging Activities

SFAS No. 133, Accounting for Derivative Investments and Hedging Activities, as amended, establishes accounting and reporting standards for derivative instruments, including

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certain derivative instruments embedded in other contracts, and for hedging activities. It requires companies to record all derivatives at estimated fair value as either assets or liabilities on the balance sheet and to recognize the unrealized gains and losses, the treatment of which depends on whether the derivative is designated as a hedging instrument.

As a result of our international initiatives, we are exposed to foreign currency exchange rate risks. A significant portion of these risks is economically hedged with currency options and forward contracts in order to minimize our exposure to fluctuations in foreign currency exchange rates. Principal currencies hedged include the Euro and British pound. These derivative instruments serve as economic hedges and do not qualify for hedge accounting treatment under SFAS No. 133. Accordingly, they require current period mark-to-market accounting, with any change in fair value being recorded each period in the statement of operations. We record the fair market value of our derivatives, based on information provided by reliable third parties, as other current assets and accrued liabilities. We routinely monitor our foreign currency exposures to maximize the overall effectiveness of our foreign currency hedge positions.

We maintain an amortizing fixed interest rate swap agreement to reduce our exposure to interest rate fluctuations on our floating rate debt commitments. Under this interest rate swap agreement, the interest rate is fixed with respect to specified amounts of notional principal. The swap is accounted for in accordance with SFAS No. 133 and was designated at its inception as a qualifying cash flow hedge; thus, it is recorded at estimated fair value in the balance sheet, with changes in fair value being reported in other comprehensive income. The fair value of the swap at November 30, 2007 of (\$2.4) million has been reported in other long-term liabilities with an offset, net of tax, included in accumulated other comprehensive loss in the consolidated balance sheet.

(8) Long-Term Debt

On December 1, 2006, we entered into a Third Amended and Restated Revolving Credit and Term Loan Agreement (the Third Amended Credit Agreement). The Third Amended Credit Agreement provides us with a \$400.0 million revolving credit facility, including a swingline sub facility of \$10.0 million and a \$75.0 million sub facility for letters of credit, a \$200.0 million term loan facility, and an uncommitted incremental accordion facility of \$200.0 million. As of November 30, 2007, availability under our revolving credit facility totaled \$308.4 million.

Revolving advances under the Third Amended Credit Agreement generally bear interest, at our option, at 1) LIBOR plus a spread of 0.875% to 1.750% or 2) the greater of the federal funds rate plus 0.5%, or the prime rate, plus a spread of 0.000% to 0.250%. Term loan borrowings bear interest, at our option, at 1) LIBOR plus 1.50% or 2) the greater of the federal funds rate plus 0.5%, or the prime rate. The Third Amended Credit Agreement also provides for a fee ranging between 0.150% and 0.300% of unused commitments. The Third Amended Credit Agreement is secured by guarantees from most of the Company's domestic subsidiaries and by security interests in substantially all of the Company's and such subsidiaries' assets.

We are required to repay outstanding revolving loans on the revolving commitment termination date, which is December 1, 2011. We are required to repay term loans in quarterly principal installments aggregating \$0.5 million each, which commenced on March 31, 2007, and the entire unpaid principal balance of the term loans is due and payable at maturity on December 1, 2013.

The Third Amended Credit Agreement contains various financial covenants, which require us to maintain, as defined, ratios or levels of (i) total funded debt to EBITDA, (ii) fixed charge coverage, and (iii) net worth. It also restricts the payment of dividends and limits the amount of repurchases of the Company's common stock. On December 21, 2006, we entered into an amortizing fixed interest rate swap agreement for the management of interest rate exposure. By entering into this interest rate swap agreement, we effectively converted \$230.0 million of floating rate debt to a fixed obligation with an interest rate of 4.995%. The principal value of the swap arrangement amortizes over a 39-month period and terminates on March 31, 2010. We currently believe that we meet the hedge accounting criteria under SFAS No. 133 in accounting for the interest rate swap agreement.

(9) Commitments and Contingencies

Pursuant to an earn-out agreement executed in connection with the acquisition of certain assets of Health IQ in June 2005, we are obligated to pay the former stockholders of Health IQ additional purchase price equal to a percentage of revenues recognized from Health IQ's programs in each of the fiscal quarters during the three-year period ending August 31, 2008.

In June 1994, a former employee whom we dismissed in February 1994 filed a "whistle blower" action on behalf of the United States government. Subsequent to its review of this case, the federal government determined not to intervene in the litigation. The employee sued Healthways, Inc. and our wholly-owned subsidiary, American Healthways Services, Inc. ("AHSI"), as well as certain named and unnamed medical directors and one named client hospital, West Paces Medical Center ("WPMC"), and other unnamed client hospitals.

Healthways, Inc. has since been dismissed as a defendant; however, the case is still pending against AHSI before the United States District Court for the District of Columbia. In addition, WPMC has settled claims filed against it as part of a larger settlement agreement that WPMC's parent organization, HCA Inc., reached with the United States government. The plaintiff has also dismissed its claims against the medical directors with prejudice, and on February 7, 2007 the court granted the plaintiff's motion and dismissed all claims against all named medical directors.

The complaint alleges that AHSI, the client hospitals and the medical directors violated the federal False Claims Act by entering into certain arrangements that allegedly violated the federal anti-kickback statute and provisions of the Social Security Act prohibiting physician self-referrals. Although no specific monetary damage has been claimed, the plaintiff, on behalf of the federal government, seeks treble damages plus civil penalties and attorneys' fees. The plaintiff also has requested an award of 30% of any judgment plus expenses.

In the action by the former employee, discovery is substantially complete but no trial date has been set. The parties have had initial discussions regarding their respective positions in the case; however, no resolution of this case has been reached or can be assured prior to the case proceeding to trial.

In a related matter, in February 2006, WPMC filed an arbitration claim seeking indemnification from us for certain costs and expenses incurred by it in connection with the case. In the action by WPMC, initial arbitration proceedings were commenced during the third quarter of fiscal 2006. During September 2007, the parties to this matter agreed to place the arbitration on hold for an indefinite period.

We believe that we have conducted our operations in full compliance with applicable statutory requirements and that we have meritorious defenses to the claims made in the case and the related arbitration proceeding, and intend to contest the claims vigorously. Nevertheless, it is possible that resolution of these legal matters could have a material adverse effect on our consolidated results of operations in a particular financial reporting period. We believe that we will continue to incur legal expenses associated with the defense of these matters which may be material to our consolidated results of operations in a particular financial reporting period. However, we believe that any resolution of this case and all related matters will not have a material effect on our liquidity or financial condition.

We are also subject to other claims and suits that arise from time to time in the ordinary course of our business. While management currently believes that resolving claims against us, individually or in the aggregate, will not have a material adverse impact on our financial position, our results of operations, or our cash flows, these matters are subject to inherent uncertainties, and management's view of these matters may change in the future.

(10) Comprehensive Income

Comprehensive income, net of income taxes, was \$10.2 million and \$11.9 million for the three months ended November 30, 2007 and 2006, respectively.

(11) Share Repurchases

The Company's Board of Directors authorized a share repurchase program which was publicly announced on July 5, 2007. The share repurchase program allows for the repurchase of up to \$100 million of our common stock from time to time in the open market or in privately negotiated transactions through July 5, 2009. No shares were repurchased between September 1, 2007 and November 30, 2007 pursuant to the program. The maximum approximate dollar value of shares that could yet be purchased under the program as of November 30, 2007 was \$94.3 million.

(12) Earnings Per Share

The following is a reconciliation of the numerator and denominator of basic and diluted earnings per share for the three months ended November 30, 2007 and 2006:

| (In 000s, except per share data) | Three Months Ended November 30, | |
|---|--|-------------|
| | 2007 | 2006 |
| Numerator: | | |
| Net income - numerator for basic earnings per share | \$ 11,183 | \$ 11,834 |
| Effect of dilutive securities | | |
| Numerator for diluted earnings per share | \$ 11,183 | \$ 11,834 |
| Denominator: | | |
| Shares used for basic earnings per share | 35,717 | 34,627 |
| Effect of dilutive securities outstanding: | | |
| Non-qualified stock options | 1,842 | 1,946 |
| Restricted stock units | 131 | 35 |
| Shares used for diluted earnings per share | 37,690 | 36,608 |

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Earnings per share:

| | | |
|---------|---------|---------|
| Basic | \$ 0.31 | \$ 0.34 |
| Diluted | \$ 0.30 | \$ 0.32 |

| | | |
|---|-----|-------|
| Dilutive securities outstanding not included in the computation of earnings per share because their effect is antidilutive: | 461 | 1,034 |
|---|-----|-------|

Item 2. Management's Discussion and Analysis of Financial Condition and Results of Operations

Overview

Founded in 1981, Healthways, Inc. (the Company) provides specialized, comprehensive Health and Care Support solutions to help people maintain or improve their health and, as a result, reduce overall healthcare costs.

Designed to provide highly specific and personalized interventions for each individual in a population, irrespective of health status, age, or payor, Healthways' evidence-based services are made available to consumers by phone, mail, internet, and face-to-face interactions. To expand our Health Support offerings, on December 1, 2006 we acquired Axia Health Management, Inc. (Axia), a national provider of health and wellness programs.

We deliver our programs to customers, which include health plans, governments, employers, and hospitals, in all 50 states, the District of Columbia, and Puerto Rico. In January 2008, we also began delivering our Health and Care Support programs to a statutory health insurance company in Germany. Our services include:

- fostering wellness and disease prevention through total population screening, health risk assessments, and supportive interventions;
- providing access to health improvement programs such as fitness, weight management, complementary and alternative medicine and smoking cessation;
- promoting the reduction of lifestyle behaviors that lead to poor health or chronic conditions;
- providing educational materials and personal interactions with highly trained nurses and other healthcare professionals that are designed to create and sustain healthier behaviors to members with chronic conditions;
- incorporating current evidence-based clinical guidelines into interventions to optimize patient health outcomes;
- developing Care Support plans and motivating members to set attainable goals for themselves;
- providing local market resources to address acute episodic interventions; and
- coordinating members' care with local healthcare providers.

Our programs focus on prevention, education, physical fitness, health coaching, behavior change and evidence-based medicine to drive adherence to proven standards of care, medications and physicians' plans of care. The programs are designed to support better health and assist in providing more effective care, which we believe will optimize the health status of member populations and reduce both the short-term and long-term healthcare costs for members.

Health and Care Support services enable health plans and employers to reach and engage everyone in their covered populations through interventions that are both sensitive to and specific to each individual's health risks and needs. Health Support products are designed to motivate people to make positive lifestyle changes and accomplish individual goals, such as becoming more physically active through the Healthways SilverSneakers® Fitness Program, staying fit using on-line tools and a vast network of fitness centers, and quitting smoking through an on-line smoking cessation community, QuitNet®. The Care Support product line includes programs for people with chronic diseases or conditions, including diabetes, coronary artery disease, heart

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failure, asthma, chronic obstructive pulmonary disease, end-stage renal disease, cancer, chronic kidney disease, depression, high-risk obesity, metabolic syndrome, acid-related stomach disorders, atrial fibrillation, decubitus ulcer, fibromyalgia, hepatitis C, inflammatory bowel disease, irritable bowel syndrome, low-back pain, osteoarthritis, osteoporosis, and urinary incontinence. We also provide high-risk care management through our StatusOne® product for members at risk for hospitalization due to complex conditions. We believe that creating real and sustainable behavior change generates measurable long-term cost savings.

Predicated on the fundamental belief that healthier people cost less, Healthways programs are designed to help keep healthy individuals healthy, mitigate and delay the progression to disease associated with family or lifestyle risk factors, and promote the best possible health for those who are already affected by disease. At the same time, we recognize that each individual plays a variety of roles in his or her pursuit of health, often simultaneously. By providing the full spectrum of Health and Care Support services to meet each individual's needs, we believe that our interventions can be delivered both at scale and in a manner that reflects the unique needs of each consumer over time. Further, Healthways extensive and fully accredited complementary and alternative provider network offers convenient access to the significant number of individuals who seek health services outside of the traditional healthcare system.

Highlights of Performance for the Three Months Ended November 30, 2007

Revenues increased 50.2% for the three months ended November 30, 2007, which included the results of Axia, over the three months ended November 30, 2006.

Available lives and billed lives increased to 183.4 million and 26.7 million, respectively, at November 30, 2007 compared to 76.9 million and 2.5 million, respectively, at November 30, 2006.

Forward-Looking Statements

Management's Discussion and Analysis of Financial Condition and Results of Operations contains forward-looking statements, which are based upon current expectations and involve a number of risks and uncertainties. Forward-looking statements include all statements that do not relate solely to historical or current facts, and can be identified by the use of words like may, believe, will, expect, project, estimate, anticipate, continue. In order for us to use safe harbor provisions of the Private Securities Litigation Reform Act of 1995, we caution you that the following important factors, among others, may affect these forward-looking statements. Consequently, actual operations and results may differ materially from those expressed in the forward-looking statements. The important factors include but are not limited to:

our ability to sign and implement new contracts for Health and Care Support services;

our ability to accurately forecast performance and the timing of revenue recognition under the terms of our contracts and/or our cooperative agreement with the Centers for Medicare & Medicaid Services (CMS) ahead of data collection and reconciliation in order to provide forward-looking guidance;

the effect of any new or proposed legislation, regulations and interpretations relating to the Medicare Prescription Drug, Improvement, and Modernization Act of 2003, including the potential expansion to Phase II for Medicare Health Support (MHS) programs;

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our ability to effect the financial, clinical, and satisfaction outcomes under our cooperative agreement with CMS and reach mutual agreement with CMS with respect to results necessary to achieve success under Phase I of the MHS pilots;

our ability to anticipate the rate of market acceptance of Health and Care Support solutions;

the impact of individual market dynamics in potential international markets on our ability to sign international contracts within the timeframes contemplated by us and our ability to accurately forecast the costs necessary to implement our strategy of establishing a presence in these markets;

the risks associated with foreign currency exchange rate fluctuations and our ability to hedge against such fluctuations;

the potential adverse effects of additional regulatory requirements imposed by foreign governments and other regulatory bodies;

our ability to effectively manage any growth that we might experience;

our ability to retain existing health plan customers if they decide to take programs in-house or are acquired by other health plans which already have or are not interested in Health and Care Support programs;

the risks associated with a significant concentration of our revenues with a limited number of customers;

our ability to effect cost savings and clinical outcomes improvements under Health and Care Support contracts and reach mutual agreement with customers with respect to cost savings, or to effect such savings and improvements within the time frames contemplated by us;

our ability to collect contractually earned performance incentive bonuses;

the ability of our customers to provide timely and accurate data that is essential to the operation and measurement of our performance under the terms of our contracts;

our ability to favorably resolve contract billing and interpretation issues with our customers;

increased leverage incurred in conjunction with the acquisition of Axia and our ability to service our debt and make principal and interest payments as those payments become due;

our ability to integrate the operations and technology platforms of Axia and other acquired businesses or technologies into our business;

our ability to develop new products and deliver outcomes on those products, including those anticipated from our strategic relationship with Medco, Inc.;

our ability to effectively integrate new technologies and approaches, such as those encompassed in our Health and Care Support initiatives or otherwise licensed or acquired by us, into our Health and Care Support platform;

our ability to renew and/or maintain contracts with our customers under existing terms or restructure these contracts on terms that would not have a material negative impact on our results of operations;

our ability to implement our Health and Care Support strategy within expected cost estimates;

our ability to obtain adequate financing to provide the capital that may be necessary to support the growth of our operations and to support or guarantee our performance under new contracts;

unusual and unforeseen patterns of health care utilization by individuals with diabetes, cardiac, respiratory and/or other diseases or conditions for which we provide services;

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the ability of our customers to maintain the number of covered lives enrolled in the plans during the terms of our agreements;

our ability to attract and/or retain and effectively manage the employees required to implement our agreements;

the impact of litigation involving us and/or our subsidiaries;

the impact of future state and federal health care and other applicable legislation and regulations on our ability to deliver our services and on the financial health of our customers and their willingness to purchase our services;

current geopolitical turmoil and the continuing threat of domestic or international terrorism;

general worldwide and domestic economic conditions and stock market volatility; and

other risks detailed in our other filings with the Securities and Exchange Commission.

We undertake no obligation to update or revise any such forward-looking statements.

Customer Contracts

Contract Terms

We generally determine our contract fees by multiplying a contractually negotiated rate per member per month (PMPM) by the number of members covered by our services during the month. We typically set the PMPM rates during contract negotiations with customers based on the value we expect our programs to create and a sharing of that value between the customer and the Company. In some contracts, the PMPM rates may differ between a customer's lines of business [e.g. Preferred Provider Organizations (PPO), Health Maintenance Organizations (HMO), Medicare Advantage]. In addition, some of our services are billed on a fee for service basis.

Our contracts generally range from three to five years with provisions for subsequent renewal; contracts with self-insured employers, either directly or through their health plans, typically have one-year terms. Some contracts allow the customer to terminate early.

Some of our contracts provide that a portion (up to 100%) of our fees may be refundable to the customer (performance-based) if our programs do not achieve, when compared to a baseline year, a targeted percentage reduction in the customer's healthcare costs and selected clinical and/or other criteria that focus on improving the health of the members. Approximately 3% of revenues recorded during the three months ended November 30, 2007 were performance-based and were subject to final reconciliation as of November 30, 2007. We anticipate that this percentage will fluctuate due to the level of performance-based fees in new contracts, revenue recognition associated with performance-based fees, and the timing of data reconciliation, which varies according to contract terms. A limited number of contracts also provide opportunities for us to receive incentive bonuses in excess of the contractual PMPM rate if we exceed contractual performance targets.

We are participating in two MHS pilots awarded under the Chronic Care Improvement Program authorized by the Medicare Modernization Act of 2003. The pilots are scheduled to operate for 36 months but may be terminated by either party with six months written notice. We began operating one pilot in August 2005 to serve 20,000 Medicare fee-for-service beneficiaries in Maryland and the District of Columbia. All fees under this pilot are performance-based. In addition, in September 2005 we began serving 20,000 beneficiaries in Georgia in collaboration

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with CIGNA HealthCare, Inc (CIGNA). The majority of our fees under our contract with CIGNA are performance-based. In November 2007, we were notified of CIGNA's decision to terminate its Chronic Care Improvement Program Cooperative Agreement with CMS effective January 14, 2008. Both of the pilots are for complex diabetes and congestive heart failure disease management services and, while operationally similar to our programs for commercial and Medicare Advantage health plan populations, have been modified for the special needs and conditions of this population.

In June 2006, we signed an amendment to our cooperative agreement with CMS for our MHS stand-alone pilot in Maryland and the District of Columbia, which, among other things, enabled us to provide congestive heart failure programs to approximately 4,500 additional Medicare fee-for-service beneficiaries for two years beginning on August 1, 2006 (the refresh population). All fees for the refresh population are performance-based.

Technology

Our customer contracts require sophisticated analytical, data management, Internet and computer-telephony solutions based on state-of-the-art technology. These solutions help us deliver Health and Care Support services to large populations within our customer base. Our predictive modeling capabilities allow us to identify and stratify those participants who are most at risk for an adverse health event. We incorporate behavior-change science with consumer-friendly interactions such as face-to-face, telephonic, print materials and web portals to facilitate consumer preferences for engagement and convenience. Sophisticated data analytical and reporting solutions are used to validate the impact of our programs on clinical and financial outcomes. We continue to invest heavily in technology and are continually expanding and improving our proprietary clinical, data management, and reporting systems to continue to meet the information management requirements of our Health and Care Support services.

Contract Revenues

Our contract revenues depend on the contractual terms we establish and maintain with customers to provide Health and Care Support services to their members. Some contracts allow the customer to terminate early. Restructurings and possible terminations at or prior to renewal could have a material negative impact on our results of operations and financial condition.

Approximately 21% of our revenues for the three months ended November 30, 2007, were derived from one customer. The loss of this customer or any other large customer or a reduction in the profitability of a contract with any large customer would have a material negative impact on our results of operations, cash flows, and financial condition.

Billed Lives and Available Lives

The number of available lives and billed lives as of November 30, 2007 and 2006 were as follows:

| | November 30, 2007 | November 30, 2006 |
|--------------------------------|------------------------------|------------------------------|
| (In 000s) | | |
| Available lives ⁽¹⁾ | 183,400 | 76,900 |
| Billed lives | 26,735 | 2,462 |

⁽¹⁾ Estimated based on the Atlantic Information Services, Inc. (AIS) Directory of Health Plans and publicly available information.

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Backlog

Backlog represents the estimated annualized revenue at target performance for business awarded but not yet started at November 30, 2007. Annualized revenue in backlog as of November 30, 2007 and 2006 was as follows:

| (In 000s) | November 30, 2007 | November 30, 2006 |
|-------------------------------|----------------------|----------------------|
| Annualized revenue in backlog | \$ 51,019 | \$ 7,867 |

We continue to see increasing demand for our Health and Care Support services from self-insured employer accounts, most of which are contracted through the Administrative Services Only (ASO) line of business with our health plan customers and for which our health plan customers do not assume medical cost risk but provide primarily administrative claim and health network access services. Signed contracts between these self-insured employers and our health plan customers are incorporated in our contracts with our health plan customers, and these program-eligible members are included in the available and billed lives or in the annualized revenue in backlog reported in the table above, as appropriate.

This increasing demand for our Health and Care Support services from self-insured employer accounts, which generally begin their benefit year on January 1, has typically resulted in a disproportionate amount of our sequential quarter growth occurring in our second fiscal quarter.

Business Strategy

Our primary strategy is to optimize the health of entire populations as well as the quality and affordability of healthcare through our Health and Care Support solutions both domestically and internationally, thereby creating value for individuals, health plans, governments, and employers. We plan to continue using our scalable state-of-the-art call centers, medical information content, behavior change processes and techniques, strategic relationships, health provider networks and proprietary technologies to gain a competitive advantage in delivering our Health and Care Support services.

We expect to continue adding and enhancing solutions to extend our reach and effectiveness for entire populations. The flexibility of our programs allows customers to enter the Health and Care Support market at the level of services that they deem appropriate for their organization. Customers may select from a single Health or Care Support program to a total-population approach, in which all members of the customer's population receive the benefit of our programs.

We deliver programs that engage consumers in their health. We believe that we can achieve health improvements and generate significant cost savings by addressing consumer and customer needs for effective programs that support the individual throughout his or her lifetime.

We anticipate that we will incur significant costs during the remainder of fiscal 2008 to enhance and expand our Health and Care Support capabilities, pursue opportunities in domestic government and international markets, enhance our information technology support, integrate the operations of Axia, and open additional or expand current capacity as needed. We may add some

of these new capabilities and technologies through internal development, strategic alliances with other entities and/or through selective acquisitions or investments.

Critical Accounting Policies

We describe our accounting policies in Note 1 of the Notes to the Consolidated Financial Statements included in our Annual Report on Form 10-K for the fiscal year ended August 31, 2007. We prepare the consolidated financial statements in conformity with U.S. generally accepted accounting principles, which require us to make estimates and judgments that affect the reported amounts of assets and liabilities and related disclosures at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results may differ from those estimates.

We believe the following accounting policies are the most critical in understanding the estimates and judgments that are involved in preparing our financial statements and the uncertainties that could impact our results of operations, financial condition and cash flows.

Revenue Recognition

We generally determine our contract fees by multiplying a contractually negotiated rate per member per month (PMPM) by the number of members covered by our services during the month. We typically set the PMPM rates during contract negotiations with customers based on the value we expect our programs to create and a sharing of that value between the customer and the Company. In some contracts, the PMPM rates may differ between a customer's lines of business (e.g., PPO, HMO, Medicare Advantage). In addition, some of our services are billed on a fee for service basis.

Some of our contracts provide that a portion (up to 100%) of our fees may be refundable to the customer (performance-based) if our programs do not achieve, when compared to a baseline year, a targeted percentage reduction in the customer's healthcare costs and selected clinical and/or other criteria that focus on improving the health of the members. Approximately 3% of revenues recorded during the three months ended November 30, 2007 were performance-based and were subject to final reconciliation as of November 30, 2007. We anticipate that this percentage will fluctuate due to the level of performance-based fees in new contracts, revenue recognition associated with performance-based fees, and the timing of data reconciliation, which varies according to contract terms. A limited number of contracts also provide opportunities for us to receive incentive bonuses in excess of the contractual PMPM rate if we exceed contractual performance targets.

We generally bill our customers each month for the entire amount of the fees contractually due for the prior month's enrollment, which typically includes the amount, if any, that is performance-based and may be subject to refund should we not meet performance targets. Deferred revenues can arise from contracts which permit upfront billing and collection of fees covering the entire contractual service period, generally 12 months. Contractually, we cannot bill for any incentive bonus until after contract settlement. Fees for service are typically billed in the month after the services are provided.

We recognize revenue as follows: 1) we recognize the fixed portion of PMPM fees and fees for service as revenue during the period we perform our services; 2) we recognize the performance-based portion of the monthly fees based on the most recent assessment of our performance, which represents the amount that the customer would legally be obligated to pay if

the contract were terminated as of the latest balance sheet date; and 3) we recognize additional incentive bonuses based on the most recent assessment of our performance, to the extent we consider such amounts collectible.

We assess our level of performance for our contracts based on medical claims and other data that the customer is contractually required to supply. A minimum of four to six months of data is typically required for us to measure performance. In assessing our performance, we may include estimates such as medical claims incurred but not reported and a medical cost trend compared to a baseline year. In addition, we may also provide contractual reserves, when appropriate, for billing adjustments at contract reconciliation.

Substantially all of the fees under the MHS pilots in which we are participating are performance-based. The pilots require that, by the end of the third year, we achieve a cumulative net savings (total savings for the intervention population as compared to the control group less fees received from CMS) of 5.0%. The cumulative net savings targets are lower at the beginning of the pilots and increase in gradual increments, ending with a cumulative net savings target of 5.0% at the end of the pilots. Under the amendment to our agreement for our stand-alone MHS pilot in Maryland and the District of Columbia, we began serving a refresh population of approximately 4,500 beneficiaries on August 1, 2006, which will be measured as a separate cohort for two years, by the end of which the program is required to achieve a 2.5% cumulative net savings when compared to a new control cohort. We have been advised that the Office of Management and Budget has approved a request from CMS to lower the savings target for the MHS pilots from 5.0% net savings to budget neutrality (savings greater than or equal to fees). CMS has not yet identified how or when the new savings target will be implemented, although we believe it is likely that this will require amendment of our cooperative agreement and protocols. Although we receive the medical claims and other data associated with the intervention group under these pilots on a monthly basis, we assess our performance against the control group under these pilots based on quarterly summary performance reports received from CMS independent financial reconciliation contractor.

If data is insufficient or incomplete to measure performance, or interim performance measures indicate that we are not meeting performance targets, we do not recognize performance-based fees subject to refund as revenues but instead record them in a current liability account contract billings in excess of earned revenue. Only in the event we do not meet performance levels by the end of the measurement period, typically one year, are we contractually obligated to refund some or all of the performance-based fees. We would only reverse revenues that we had already recognized if performance to date in the measurement period, previously above targeted levels, subsequently dropped below targeted levels. Historically, any such adjustments have been immaterial to our financial condition and results of operations.

During the settlement process under a contract, which generally occurs six to eight months after the end of a contract year, we settle any performance-based fees and reconcile healthcare claims and clinical data. As of November 30, 2007, performance-based fees that have not yet been settled with our customers but that have been recognized as revenue in the current and prior years totaled approximately \$45.1 million. Of this amount, \$19.5 million was based on calculations which include estimates such as medical claims incurred but not reported and/or the customer's medical cost trend compared to a baseline year, while \$25.6 million was based entirely on actual data received from our customers. Data reconciliation differences, for which we provide contractual allowances until we reach agreement with respect to identified issues, can

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arise between the customer and us due to customer data deficiencies, omissions, and/or data discrepancies.

Performance-related adjustments (including any amounts recorded as revenue that were ultimately refunded), changes in estimates, data reconciliation differences, or adjustments to incentive bonuses may cause us to recognize or reverse revenue in a current fiscal year that pertains to services provided during the prior fiscal year. During the three months ended November 30, 2007, we recognized a net decrease in revenue of approximately \$15,000 that related to services provided prior to fiscal 2008.

Impairment of Intangible Assets and Goodwill

In accordance with SFAS No. 142 Goodwill and Other Intangible Assets, we review goodwill for impairment on an annual basis or more frequently whenever events or circumstances indicate that the carrying value may not be recoverable.

If we determine that the carrying value of goodwill is impaired based upon an impairment review, we calculate any impairment using a fair-value-based goodwill impairment test as required by SFAS No. 142. Fair value is the amount at which the asset could be bought or sold in a current transaction between two willing parties. We estimate fair value using a number of techniques, including quoted market prices or valuations by third parties, present value techniques based on estimates of cash flows, or multiples of earnings or revenues performance measures.

We amortize other identifiable intangible assets, such as acquired technologies and customer contracts, on the straight-line method over their estimated useful lives, except for certain trade names, which have an indefinite life and are not subject to amortization. We review intangible assets not subject to amortization on an annual basis or more frequently whenever events or circumstances indicate that the assets might be impaired. We assess the potential impairment of intangible assets subject to amortization whenever events or changes in circumstances indicate that the carrying values may not be recoverable.

If we determine that the carrying value of other identifiable intangible assets may not be recoverable, we calculate any impairment using an estimate of the asset's fair value based on the projected net cash flows expected to result from that asset, including eventual disposition.

Future events could cause us to conclude that impairment indicators exist and that goodwill and/or other intangible assets associated with our acquired businesses are impaired. Any resulting impairment loss could have a material adverse impact on our financial condition and results of operations.

Share-Based Compensation

In accordance with SFAS No. 123(R), we measure and recognize compensation expense for all share-based payment awards based on estimated fair values at the date of grant. Determining the fair value of share-based awards at the grant date requires judgment in developing assumptions, which involve a number of variables. These variables include, but are not limited to, the expected stock price volatility over the term of the awards, and expected stock option exercise behavior. In addition, we also use judgment in estimating the number of share-based awards that are expected to be forfeited. We contract with a third party to assist in developing the assumptions used in estimating the fair values of stock options.

Results of Operations

The following table shows the components of the statements of operations for the three months ended November 30, 2007 and 2006 expressed as a percentage of revenues.

| | Three Months Ended | | | |
|--|---------------------------|-------------|--|---|
| | November 30, | | | |
| | 2007 | 2006 | | |
| Revenues | 100.0 | % 100.0 | | % |
| Cost of services (exclusive of depreciation and amortization included below) | 70.6 | % 66.3 | | % |
| Selling, general and administrative expenses | 9.6 | % 10.8 | | % |
| Depreciation and amortization | 5.9 | % 5.8 | | % |
| Operating income ⁽¹⁾ | 13.8 | % 17.2 | | % |
| Interest expense | 3.0 | % 0.3 | | % |
| Income before income taxes | 10.8 | % 16.9 | | % |
| Income tax expense | 4.4 | % 6.8 | | % |
| Net income | 6.4 | % 10.1 | | % |

⁽¹⁾ Figures may not add due to rounding.

Revenues

Revenues for the three months ended November 30, 2007 increased 50.2% over revenues for the three months ended November 30, 2006, primarily due to the following:

revenues of \$48.0 million attributable to the acquisition of Axia on December 1, 2006; and

an increase in Care Support revenues primarily due to the addition of new Care Support programs or the expansion of existing programs into additional populations, new Care Support contracts, and increased membership in customers' existing programs.

We anticipate that revenues for the remainder of fiscal 2008 will increase over fiscal 2007 revenues primarily due to increasing demand for our Health and Care Support services from both existing and new customers and business awarded during fiscal 2007 and fiscal 2008 which has not yet started.

Cost of Services

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Cost of services (excluding depreciation and amortization) as a percentage of revenues increased to 70.6% for the three months ended November 30, 2007 compared to 66.3% for the same period in 2006. The increase is primarily due to the following:

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the acquisition of Axia on December 1, 2006, which has a higher cost of services as a percentage of revenue;
an increase in the level of employee bonus provision; and
costs related to the opening of one new call center and costs of preparing to open three additional new call centers.

These increases were somewhat offset by decreases in cost of services as a percentage of revenues for the three months ended November 30, 2007 compared to the three months ended November 30, 2006 related to the following:

a decrease in professional consulting fees incurred primarily related to information technology initiatives during the three months ended November 30, 2007 compared to the three months ended November 30, 2006; and
efficiencies and economies of scale as a result of growth in our operations during the three months ended November 30, 2007 compared to the three months ended November 30, 2006.

We anticipate that cost of services for the remainder of fiscal 2008 will increase over fiscal 2007 primarily as a result of expenses associated with opening three additional call centers and increases in operating staff required for expected increases in demand for our services, increases in indirect staff costs associated with the continuing development and implementation of our Health and Care Support services, increases in information technology and other support staff and costs, and an increase in the level of the employee bonus provision.

Selling, General and Administrative Expenses

Selling, general and administrative expenses as a percentage of revenues decreased to 9.6% for the three months ended November 30, 2007 from 10.8% for three months ended November 30, 2006, primarily due to the following:

the acquisition of Axia on December 1, 2006, which has lower selling, general and administrative expenses as a percentage of revenue; and
our ability to more effectively leverage our selling, general and administrative expenses as a result of growth in our operations.

These decreases were somewhat offset by increases in selling, general and administrative expenses as a percentage of revenues during the three months ended November 30, 2007 compared to the three months ended November 30, 2006 related to the following:

an increase in professional consulting fees during the three months ended November 30, 2007 related to certain strategic initiatives; and
an increase in the level of employee bonus provision.

We anticipate that selling, general and administrative expenses for the remainder of fiscal 2008 will increase over fiscal 2007 primarily due to anticipated investments in international initiatives, increases in selling and general administrative costs in support of our existing and anticipated new and expanded contracts, an increase in the level of the employee bonus provision, and costs related to relocating to and operating our new corporate headquarters.

Depreciation and Amortization

Depreciation and amortization expense for the three months ended November 30, 2007 increased 53.4% compared to the same period in fiscal 2007 primarily due to depreciation and amortization expense associated with the depreciable assets and identifiable intangible assets recorded in connection with the Axia acquisition on December 1, 2006.

We anticipate that depreciation and amortization expense for the remainder of fiscal 2008 will increase over fiscal 2007 primarily as a result of additional capital expenditures associated with relocating our corporate headquarters, expected increases in demand for our services, including the addition of new call centers, and growth and improvement in our information technology capabilities.

Interest Expense

Interest expense for the three months ended November 30, 2007 increased \$5.0 million compared to the three months ended November 30, 2006, due to borrowings under the Third Amended Credit Agreement related to the acquisition of Axia on December 1, 2006.

We anticipate that interest expense for the remainder of fiscal 2008 will decrease over fiscal 2007 primarily as a result of repayments on outstanding borrowings under the Third Amended Credit Agreement.

Income Tax Expense

Our effective tax rate increased to 41.1% for the three months ended November 30, 2007 compared to 40.3% for the three months ended November 30, 2006 primarily due to increased expenses incurred in international initiatives and the lack of tax benefit on certain of these expenses, as well as the impact of interest accruals related to unrecognized tax benefits included in our income tax provision. These increases were somewhat offset by a reduction in our average state income tax rate, which is impacted by our geographic mix of earnings. The differences between the statutory federal income tax rate of 35.0% and our effective tax rate are due primarily to the impact of state income taxes, the lack of tax benefit on certain expenses incurred in international initiatives, tax interest accruals, and certain non-deductible expenses for income tax purposes.

We anticipate that our effective tax rate for the remainder of fiscal 2008 will not change significantly; however, we continue to evaluate the impact of our growth on our geographic mix of earnings and overall state tax rate.

Liquidity and Capital Resources

Operating activities for the three months ended November 30, 2007 generated cash of \$25.5 million compared to \$9.4 million for the same period in fiscal 2007. The increase in operating cash flow resulted primarily from a lower employee bonus payment during the three months ended November 30, 2007 compared to the three months ended November 30, 2006. This increase was somewhat offset by a decrease in cash collections on accounts receivable primarily due to timing of cash receipts from several large customers, a majority of which has been received since November 30, 2007.

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Investing activities during the three months ended November 30, 2007 used \$16.1 million in cash, which primarily consisted of purchases of property and equipment associated with information technology hardware and software and new call centers.

Financing activities during the three months ended November 30, 2007 used \$2.5 million in cash, primarily from repayments on borrowings under the Third Amended Credit Agreement, somewhat offset by proceeds from the exercise of stock options and the related tax benefit.

On December 1, 2006, we entered into the Third Amended Credit Agreement. The Third Amended Credit Agreement provides us with a \$400.0 million revolving credit facility, including a swingline sub facility of \$10.0 million and a \$75.0 million sub facility for letters of credit, a \$200.0 million term loan facility, and an uncommitted incremental accordion facility of \$200.0 million. As of November 30, 2007, availability under our revolving credit facility totaled \$308.4 million.

Revolving advances under the Third Amended Credit Agreement generally bear interest, at our option, at 1) LIBOR plus a spread of 0.875% to 1.750% or 2) the greater of the federal funds rate plus 0.5%, or the prime rate, plus a spread of 0.000% to 0.250%. Term loan borrowings bear interest, at our option, at 1) LIBOR plus 1.50% or 2) the greater of the federal funds rate plus 0.5%, or the prime rate. The Third Amended Credit Agreement also provides for a fee ranging between 0.150% and 0.300% of unused commitments. The Third Amended Credit Agreement is secured by guarantees from most of the Company's domestic subsidiaries and by security interests in substantially all of the Company's and such subsidiaries' assets.

We are required to repay outstanding revolving loans on the revolving commitment termination date, which is December 1, 2011. We are required to repay term loans in quarterly principal installments aggregating \$0.5 million each, which commenced on March 31, 2007, and the entire unpaid principal balance of the term loans is due and payable at maturity on December 1, 2013.

The Third Amended Credit Agreement contains various financial covenants, which require us to maintain, as defined, ratios or levels of (i) total funded debt to EBITDA, (ii) fixed charge coverage, and (iii) net worth. The Third Amended Credit Agreement also restricts the payment of dividends and limits the amount of repurchases of the Company's common stock. As of November 30, 2007, we were in compliance with all of the covenant requirements of the Third Amended Credit Agreement.

On December 21, 2006, we entered into an amortizing fixed interest rate swap agreement for the management of interest rate exposure. By entering into this interest rate swap agreement, we effectively converted \$230.0 million of floating rate debt to a fixed obligation with an interest rate of 4.995%. The principal value of the swap arrangement amortizes over a 39-month period and terminates on March 31, 2010. We currently believe that we meet the hedge accounting criteria under SFAS No. 133 in accounting for the interest rate swap agreement.

We believe that cash flows from operating activities, our available cash, and our expected available credit under the Third Amended Credit Agreement will continue to enable us to meet our contractual obligations and to fund the current level of growth in our operations for the foreseeable future. However, if expanding our operations requires significant additional financing resources, such as capital expenditures for technology improvements, additional call centers and/or letters of credit or other forms of financial assurance to guarantee our performance

under the terms of new contracts, or if we are required to refund performance-based fees pursuant to contract terms, we may need to raise additional capital by expanding our existing credit facility and/or issuing debt or equity. If we face a limited ability to arrange such financing, it may restrict our ability to expand our operations.

If contract development accelerates or acquisition opportunities arise that would expand our operations, we may need to issue additional debt or equity to provide the funding for these increased growth opportunities. We may also issue equity in connection with future acquisitions or strategic alliances. We cannot assure you that we would be able to issue additional debt or equity on terms that would be acceptable to us.

In July 2007, our Board of Directors authorized a share repurchase program which allows for the repurchase of up to \$100 million of our common stock from time to time in the open market or in privately negotiated transactions through July 5, 2009.

Recently Issued Accounting Standards

Business Combinations

In December 2007, the Financial Accounting Standards Board (FASB) issued Statements of Financial Accounting Standards (SFAS) No. 141 (revised 2007), *Business Combinations* . This statement expands the definition of a business and a business combination and generally requires the acquiring entity to recognize all of the assets and liabilities of the acquired business, regardless of the percentage ownership acquired, at their fair values. It also requires that contingent consideration and certain acquired contingencies be recorded at fair value on the acquisition date and that acquisition costs generally be expensed as incurred.

SFAS No. 141(R) is effective for fiscal years beginning after December 15, 2008. We have not yet completed our analysis of the impact that the implementation of SFAS No. 141(R) will have on our results of operations or financial condition.

Accounting for Uncertainty in Income Taxes

On September 1, 2007, we adopted the provisions of FASB Interpretation (FIN) No. 48, *Accounting for Uncertainty in Income Taxes* - an interpretation of FASB Statement No. 109 (see Note 6). FIN No. 48 creates a single model to address uncertainty in income tax positions by prescribing the minimum recognition threshold a tax position is required to meet before being recognized in the financial statements. It also provides guidance on derecognition of income tax assets and liabilities, classification of current and deferred income tax assets and liabilities, accounting for interest and penalties associated with tax positions, and income tax disclosures. As a result of the adoption of FIN No. 48, we recorded a \$0.7 million decrease to the beginning balance of retained earnings as a cumulative effect of a change in accounting principle.

Item 3. Quantitative and Qualitative Disclosures About Market Risk

We are subject to market risk related to interest rate changes, primarily as a result of the Third Amended Credit Agreement, which bears interest based on floating rates. Revolving advances under the Third Amended Credit Agreement generally bear interest, at our option, at 1) LIBOR plus a spread of 0.875% to 1.750% or 2) the greater of the federal funds rate plus 0.5%, or the prime rate, plus a spread of 0.000% to 0.250%. Term loan borrowings bear interest, at our

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option, at 1) LIBOR plus 1.50% or 2) the greater of the federal funds rate plus 0.5%, or the prime rate.

In order to manage our interest rate exposure under the Third Amended Credit Agreement, we entered into an amortizing fixed interest rate swap agreement in December 2006, effectively converting \$230.0 million of floating rate debt to a fixed obligation with an interest rate of 4.995%.

A one-point interest rate change would have resulted in interest expense fluctuating approximately \$0.2 million for the three months ended November 30, 2007.

As of November 30, 2007, as a result of our investment in international initiatives, we are also exposed to foreign currency exchange rate risks. Because a significant portion of these risks is economically hedged with currency options and forwards contracts and because our international initiatives are not yet material to our consolidated results of operations, a 10% change in foreign currency exchange rates would not have had a material impact on our results of operations or financial position for the three months ended November 30, 2007. We do not execute transactions or hold derivative financial instruments for trading purposes.

Item 4. Controls and Procedures

Evaluation of Disclosure Controls and Procedures

Our chief executive officer and chief financial officer have reviewed and evaluated the effectiveness of our disclosure controls and procedures (as defined in Rules 13a-15(e) and 15d-15(e) promulgated under the Securities Exchange Act of 1934 (the Exchange Act)) as of November 30, 2007. Based on that evaluation, the chief executive officer and chief financial officer have concluded that our disclosure controls and procedures effectively and timely provide them with material information relating to the Company and its consolidated subsidiaries required to be disclosed in the reports the Company files or submits under the Exchange Act.

Changes in Internal Control over Financial Reporting

On December 1, 2006, we completed our acquisition of Axia. We continue to evaluate additional processes, information technology systems and other components of internal control over financial reporting resulting from the acquisition of Axia, and such evaluation will be reported in management's annual assessment of internal control over financial reporting in the Company's 2008 Annual Report on Form 10-K.

Excluding Axia, there have been no changes in our internal controls over financial reporting during the quarter ended November 30, 2007 that have materially affected, or are reasonably likely to materially affect, our internal control over financial reporting.

Part II

Item 1. Legal Proceedings

In June 1994, a former employee whom we dismissed in February 1994 filed a whistle blower action on behalf of the United States government. Subsequent to its review of this case, the federal government determined not to intervene in the litigation. The employee sued Healthways, Inc. and our wholly-owned subsidiary, American Healthways Services, Inc.

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(AHSI), as well as certain named and unnamed medical directors and one named client hospital, West Paces Medical Center (WPMC), and other unnamed client hospitals.

Healthways, Inc. has since been dismissed as a defendant; however, the case is still pending against AHSI before the United States District Court for the District of Columbia. In addition, WPMC has settled claims filed against it as part of a larger settlement agreement that WPMC's parent organization, HCA Inc., reached with the United States government. The plaintiff has also dismissed its claims against the medical directors with prejudice, and on February 7, 2007 the court granted the plaintiff's motion and dismissed all claims against all named medical directors.

The complaint alleges that AHSI, the client hospitals and the medical directors violated the federal False Claims Act by entering into certain arrangements that allegedly violated the federal anti-kickback statute and provisions of the Social Security Act prohibiting physician self-referrals. Although no specific monetary damage has been claimed, the plaintiff, on behalf of the federal government, seeks treble damages plus civil penalties and attorneys' fees. The plaintiff also has requested an award of 30% of any judgment plus expenses.

In the action by the former employee, discovery is substantially complete but no trial date has been set. The parties have had initial discussions regarding their respective positions in the case; however, no resolution of this case has been reached or can be assured prior to the case proceeding to trial.

In a related matter, in February 2006, WPMC filed an arbitration claim seeking indemnification from us for certain costs and expenses incurred by it in connection with the case. In the action by WPMC, initial arbitration proceedings were commenced during the third quarter of fiscal 2006. During September 2007, the parties to this matter agreed to place the arbitration on hold for an indefinite period.

We believe that we have conducted our operations in full compliance with applicable statutory requirements and that we have meritorious defenses to the claims made in the case and the related arbitration proceeding, and intend to contest the claims vigorously. Nevertheless, it is possible that resolution of these legal matters could have a material adverse effect on our consolidated results of operations in a particular financial reporting period. We believe that we will continue to incur legal expenses associated with the defense of these matters which may be material to our consolidated results of operations in a particular financial reporting period. However, we believe that any resolution of this case and all related matters will not have a material effect on our liquidity or financial condition.

We are also subject to other claims and suits that arise from time to time in the ordinary course of our business. While management currently believes that resolving claims against us, individually or in the aggregate, will not have a material adverse impact on our financial position, our results of operations, or our cash flows, these matters are subject to inherent uncertainties, and management's view of these matters may change in the future.

Item 1A. Risk Factors

Not Applicable.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds

Not Applicable.

Item 3. Defaults Upon Senior Securities

Not Applicable.

Item 4. Submission of Matters to a Vote of Security Holders

Not Applicable.

Item 5. Other Information

Not Applicable.

Item 6. Exhibits

(a) Exhibits

31.1 Certification of Chief Executive Officer pursuant to Rule 13a-14(a) and Rule 15d-14(a) of the Securities Exchange Act, as amended

31.2 Certification of Chief Financial Officer pursuant to Rule 13a-14(a) and Rule 15d-14(a) of the Securities Exchange Act, as amended

32 Certification of Chief Executive Officer and Chief Financial Officer pursuant to 18 U.S.C 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Healthways, Inc.
(Registrant)

Date January 8, 2008

By /s/ Mary A. Chaput
Mary A. Chaput
Executive Vice President
Chief Financial Officer
(Principal Financial Officer)

Date January 8, 2008

By /s/ Alfred Lumsdaine
Alfred Lumsdaine
Senior Vice President and
Controller
(Principal Accounting Officer)