LAU CONSTANCE H

Form 4

March 11, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Form filed by More than One Reporting

Person

Check this box if no longer subject to Section 16. Form 4 or Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person ** LAU CONSTANCE H			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
	HAWAIIAN ELECTRIC INDUSTRIES INC [HE]			(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	X Director 10% Owner		
			(Month/Day/Year)	X Officer (give title Other (specify below)		
P.O. BOX 730			03/09/2009	President & CEO		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		

HONOLULU, HI 96808-0730

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
Common Stock	03/09/2009		P	1,400	A	\$ 12.18	195,169.4143	D		
Common Stock	03/09/2009		P	600	A	\$ 12.19	195,769.4143	D		
Common Stock	03/10/2009		P	2,000	A	\$ 12.75	197,769.4143	D		
Common Stock (1)							74.039 (2)	I	By 401k	
Common Stock (1)							6,849.9118 (3)	I	By custodian for	

children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of DiDerivative Securative Acquired (A) of Disposed of (D) (Instr. 3, 4, and	r)	6. Date Exercis Expiration Dat (Month/Day/Y	e	7. Title and A Underlying So (Instr. 3 and 4
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
Dividend Equivalents	<u>(4)</u>	03/02/2009		M	(-2)	632	03/02/2009	03/15/2009	Common Stock
Dividend Equivalents	<u>(5)</u>	03/02/2009		A	1,136.3636		04/07/2009	04/07/2015	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LAU CONSTANCE H P.O. BOX 730 HONOLULU, HI 96808-0730	X		President & CEO					

Signatures

Chester A. Richardson, Atty-in-Fact for Constance H. Lau 03/11/2009

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Previously reported shares.
- Shares held pursuant to the Hawaiian Electric Industries Retirement Savings Plan 401(k) (HEIRS) as of February 20, 2009. Effective 4/1/96 the participant's investment in HEI Common Stock was converted to units in the HEI Common Stock Fund portion of HEIRS. A small portion of the fund is held in cash; the overall value is based on the combined value of the HEI Common Stock and the cash portfolio. For SEC reporting purposes only the actual stock portion of the fund is being reported.

Date

(3) Aggregate shares; earned dividends are automatically reinvested in the Hawaiian Electric Industries Dividend Reinvestment and Stock Purchase Plan (DRIP)

Reporting Owners 2

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- Settlement of dividend equivalents (DEs) in compliance with Section 409A of the Internal Revenue Code, as amended. The DEs related to stock appreciation rights granted in 2004 and 2005 were accrued when and as dividends were paid on HEI Common Stock. Each dividend equivalent is the economic equivalent of one share of HEI Common Stock. \$7.25 was also paid to the holder to settle a fractional dividend equivalent share of 0.5316, as provided in the grant agreement.
- (5) The dividend equivalents accrued on 50,000 stock appreciation rights granted in 2005. Each dividend equivalent is the economic equivalent of one share of HEI Common Stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.