Ali Wajid
Form 3
November 20, 2012

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Â Ali Wajid
(Last) (First) (Middle)

1049 CAMINO DOS RIOS
(Street)

THOUSAND OAKS,Â CAÂ 91360
(City) (State) (Zip)

2. Date of Event Requiring Statement (Month/Day/Year)
11/19/2012

3. Issuer Name **and** Ticker or Trading Symbol
TELEDYNE TECHNOLOGIES INC [TDY]

4. Relationship of Reporting Person(s) to Issuer
(Check all applicable)
_____ Director
_____ 10% Owner
__X__ Officer (give title below)
_____ Other (specify below)
VP & Controller

5. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned

1.Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares			

Stock Option (right to buy)	02/22/2012[(1)]	02/22/2021	Common Stock	4,500	$ 51.31	D	Â
Stock Option (right to buy)	04/25/2013[(2)]	04/25/2022	Common Stock	4,500	$ 64.73	D	Â
Restricted Stock Units	01/25/2014[(3)]	01/25/2014[(3)]	Common Stock	1,804	$ 0 [(4)]	D	Â
Restricted Stock Units	01/24/2015[(5)]	01/24/2015[(5)]	Common Stock	1,527	$ 0 [(4)]	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Ali Wajid 1049 CAMINO DOS RIOS THOUSAND OAKS,Â CAÂ 91360	Â	Â	Â VP & Controller	Â

Signatures

Wajid Ali	11/20/2012
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The options vest in three equal annual installments beginning February 22, 2012. The first vesting date is stated.

(2) The options vest in three equal annual installments beginning April 25, 2013. The first vesting date is stated.

(3) Represents restricted shares issued to the Reporting Person under the 2011 - 2013 Restricted Stock Award/Restricted Stock Unit Program. Vested shares will be delivered to the Reporting Person following the vesting date.

(4) Each Restricted Stock Unit represents a contingent right to receive one share of Common Stock.

(5) Represents restricted shares issued to the Reporting Person under the 2012 - 2014 Restricted Stock Award/Restricted Stock Unit Program. Vested shares will be delivered to the Reporting Person following the vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.
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