ROWAN COMPANIES INC

Form 4 July 06, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
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0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

1(b).

Common

Stock

07/01/2005

(Print or Type Responses)

Russell David Patrick Sy				2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
			ROWA	ROWAN COMPANIES INC [RDC]				(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of	3. Date of Earliest Transaction							
2800 POST OAK BLVD, SUITE 5450			(Month/Day/Year) 07/01/2005					Director 10% Owner _X_ Officer (give title Other (specify below) Vice President - Drilling			
(Street) 4				4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(N HOUSTON, TX 77056-6127				• · · · · · · · · · · · · · · · · · · ·				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tak	de I - Non-	Derivativ	e Secu	rities Acau	ired Disposed of	or Reneficial	lv Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securities Acquired (A Transactiom Disposed of (D) Code (Instr. 3, 4 and 5)				5. Amount of 6. 7. Nature 6 Securities Ownership Indirect Beneficially Owned Owned Direct (D) Ownership Following or Indirect (Instr. 4) Reported (I) Transaction(s) (Instr. 4) (Instr. 3 and 4)				
Common Stock	07/01/2005			M	1,500	A	\$ 18.25	8,514	D		
Common Stock	07/01/2005			M	5,000	A	\$ 22	13,514	D		
Common Stock	07/01/2005			M	1,675	A	\$ 6.19	15,189	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

8,175 D

7,014 (1)

30.0987

D

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option (Right to Buy) (2)	\$ 18.25	07/01/2005		M	1,500	04/27/2001(2)	04/27/2010	Common Stock	1,500
Option (Right to Buy) (3)	\$ 22	07/01/2005		M	5,000	04/26/2002(3)	04/26/2011	Common Stock	5,000
Option (Right to Buy) (4)	\$ 6.19	07/01/2005		M	1,675	04/25/2004(4)	04/25/2013	Common Stock	1,675

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Russell David Patrick 2800 POST OAK BLVD SUITE 5450 HOUSTON, TX 77056-6127

Vice President - Drilling

Signatures

/s/ David Patrick Russell 07/06/2005

**Signature of Reporting Date
Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects the Reporting Person's aggregated directly-owned and indirectly-owned shares (914), the latter being shares in the Rowan Common Stock Fund under the Company's 401(k) plan (a unitized plan) at April 30, 2005, such number of shares, which fluctuates, being calculated as equivalent values based upon the value of the total units divided by the corresponding closing price of the underlying Rowan Common Stock on that date.
- (2) This option vested in four installments on April 27, 2001, 2002, 2003 and 2004.
- (3) This option vested in four installments on April 26, 2002, 2003, 2004 and 2005.
- (4) This option vests in four installments on April 25, 2004, 2005, 2006 and 2007 with the second of the four being excercised herein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.