#### Edgar Filing: WARD F STEPHEN - Form 4

WARD F S	ΓEPHEN												
Form 4													
May 11, 200	)9												
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION										PPROVAL			
Washington, D.C. 20549								WIWII5510IN	OMB Number:	3235-0287			
	Check this box if no longer								Expires:	January 31, 2005			
subject t Section Form 4 c	F CHANGES IN BENEFICIAL OWNE SECURITIES							ERSHIP OF	Estimated ar burden hour response	verage			
Form 5 obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17	a) of the l	Public U	tility H	Iol		mpa	ny Ac	ct of 1	Act of 1934, 935 or Section			
(Print or Type	Responses)												
WARD F STEPHEN Symbol FIRST				I.						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
		N (* 1.11.)		Ľ		-				D' (	100	0	
				Day/Teal)						Director 10% Owner _X Officer (give title Other (specify below) below) Treasurer, EVP - CFO			
				Month/Day/Year) A					А	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
DAMARIS	COTTA, ME 045	543							_	Form filed by Mo erson			
(City)	(State)	(Zip)	Tab	le I - No	n-l	Derivative	e Sec	urities	Acqui	red, Disposed of,	or Beneficiall	y Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired (A) Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or					ed (A)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
~				Code	V	Amount	(D)	) Pi	rice	(Insu: 5 and 4)			
Common Stock	05/07/2009			S		500	D	\$ 15	5.022	29,534	D		
Common Stock	05/11/2009			S		500	D	\$ 16.8	8301	29,034	D		
Common Stock										9,425.092	I	Through 401(k) Plan	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form (9-02)

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# displays a currently valid OMB control number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3	Date	7. Title Amour Underl Securit (Instr. 1	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Add	ress	Relationships								
Reporting Owner Punie / Pun	Director	10% Owner	Officer	Other						
WARD F STEPHEN PO BOX 940 DAMARISCOTTA, ME 04	1543		Treasurer, EVP - CFO							
Signatures										
F. Stephen Ward	05/11/2009									
**Signature of Reporting Person	Date									

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.