Edgar Filing: ELDER RICHARD M - Form 4

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Form 4 February 03,												
									OMB A	PPROVAL		
FORM	4 UNITED	STATES S		RITIES A shington,			NGE C	COMMISSION	OMB Number:	3235-0287		
Check th if no long	aor.	box								January 31,		
subject to Section 1 Form 4 o Form 5	5 SIAIE N 16. or									Expires: 2005 Estimated average burden hours per response 0.5		
obligatio may cont <i>See</i> Instru 1(b).	ns Section 17(a	a) of the P	ublic U		ding Cor	npan	y Act of	1935 or Sectio	n			
(Print or Type I	Responses)											
ELDER RICHARD M Symbo				r Name and			0	5. Relationship of Reporting Person(s) to Issuer				
			NATION ME/ [FN		COL	IN	(Check all applicable)					
				f Earliest Ti Day/Year) 006	ransaction			Director 10% Owner X Officer (give title Other (specify below) below) SVP - Retail Services				
				endment, Date Original onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
(City)		(Zip)	7 .11	T NI T		C	•	Person	с	I 0		
							_	uired, Disposed of 5. Amount of		-		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Transaction Date 2A. Deemed fonth/Day/Year) Execution Date, if any (Month/Day/Year)			Code (Instr. 3, 4 and 5)				6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
~				Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Common Stock	02/03/2006			S	1,000	D	\$ 17.25	3,430	D			
Common Stock	02/03/2006			S	2,100	D	\$ 17.5	1,330	D			
Common Stock								2,856.06	Ι	Through 401(k) Plan		
Common Stock								282.8025	I	Through Employee Stock Purchase Plan		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	Number	Expiration D	ate	Amou	int of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
	-				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
									Amount		
						Date	Expiration	T:41-	or Normali au		
						Exercisable	Date	Title	Number		
				Cala V	(\mathbf{A}) (\mathbf{D})				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Addı	ress	Relationships						
Treporting O (mor Traine) Train	Director	10% Owner	Officer	Other				
ELDER RICHARD M PO BOX 940 DAMARISCOTTA, ME 04	543		SVP - Retail	Services				
Signatures								
Richard M. Elder	02/03/2006							

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

**Signature of

Reporting Person