### Edgar Filing: SWIFT ENERGY CO - Form 4

| SWIFT ENERO<br>Form 4<br>June 24, 2008<br><b>FORM 4</b><br>Check this be<br>if no longer<br>subject to<br>Section 16.<br>Form 4 or<br>Form 5<br>obligations<br>may continue<br><i>See</i> Instruction<br>1(b). | 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION<br>Washington, D.C. 20549<br>STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF<br>SECURITIES<br>Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,<br>Section 17(a) of the Public Utility Holding Company Act of 1935 or Section<br>10. 20(b) of the Investment Company Act of 1940 |  |  |   |  |   |  |   | PROVAL<br>3235-0287<br>January 31,<br>2005<br>verage<br>s per<br>0.5 |  |  |
|--|---|--|--|---|--|---|--|---|--|--|--|
| (Print or Type Resp  | ponses)   |  |  |   |  |   |  |   |  |  |  |
| 1. Name and Addr<br>VINCENT BR   | Symbol  | 2. Issuer Name <b>and</b> Ticker or Trading<br>Symbol<br>SWIFT ENERGY CO [SFY] |  |   |  | 5. Relationship of Reporting Person(s) to<br>Issuer |  |   |  |  |  |
| (Last)<br>16825 NORTH<br>SUITE 400   | (First) (Middle)  | 3. Date of Earliest Transaction<br>(Month/Day/Year)<br>06/20/2008              |  |   |  | -<br>-<br>b   | (Check all applicable)<br><u>Director</u> 10% Owner<br>Officer (give title Other (specify<br>below)<br>President and Sec'y                       |   |  |  |  |
| HOUSTON, T   | (Street)<br>X 77060   | 4. If Amendment, Date Original<br>Filed(Month/Day/Year)                        |  |   |  | -<br>-  | 6. Individual or Joint/Group Filing(Check<br>Applicable Line)<br>_X_ Form filed by One Reporting Person<br>Form filed by More than One Reporting |   |  |  |  |
| (City)   | (State) (Zip)   | Table I  | Non Dori                               | votivo Soo  |  |   | Person   | on Donoficial   | - Oumad  |  |  |
|  | 2. Transaction Date 2A.<br>(Month/Day/Year) Exe<br>any  | Deemed<br>ecution Date, if   | 3.<br>Transactio<br>Code<br>(Instr. 8) | 4. Securi<br>onAcquirec<br>Disposec<br>(Instr. 3, | ties<br>I (A) o<br>I of (D<br>4 and<br>(A)<br>or | r<br>)  | 5. Amount of<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 3 and 4)                               | 6.<br>Ownership<br>Form: Direct<br>(D) or<br>Indirect (I)<br>(Instr. 4) | 7. Nature of<br>Indirect   |  |  |
| SFY Common<br>Stock-401(k)   |   |  | Code V                                 | Amount  | (D)  | Price   | 10,353   | I   | 401(k)<br>Plan   |  |  |
| SFY Cmmn<br>Stock-ESOP<br>Holding  |   |  |  |   |  |   | 795  | I   | ESOP<br>Plan   |  |  |
| Swift Energy<br>Common<br>Stock  | 06/20/2008  |  | S                                      | 3,000   | D  | \$ 61   | 84,101   | D   |  |  |  |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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# required to respond unless the form displays a currently valid OMB control number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of                          | 2.<br>Conversion  | 3. Transaction Date |   | 4.<br>Transactio | 5.   | 6. Date Exer        |  | 7. Title an         |                       |  |
|--------------------------------------|---|---------------------|---|------------------|--|---------------------|--|---------------------|-----------------------|--|
| Derivative<br>Security<br>(Instr. 3) | Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | (Month/Day/Year)    | Execution Date, if<br>any<br>(Month/Day/Year) | (Instr. 8)       | onNumber Expiration Date<br>of (Month/Day/Year)<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3,<br>4, and 5) |                     | Amount of<br>Underlyin<br>Securities<br>(Instr. 3 ar | g Securi<br>(Instr. | ty Sea                |  |
| _                                    |   |                     |   | Code V           |  | Date<br>Exercisable | Expiration<br>Date                                   | or                  | nount<br>mber<br>ares |  |

### **Reporting Owners**

| Reporting Owner Name / Address  |          |            |                     |       |
|---|----------|------------|---------------------|-------|
|   | Director | 10% Owner  | Officer             | Other |
| VINCENT BRUCE H<br>16825 NORTHCHASE DRIVE, SUITE 400<br>HOUSTON, TX 77060 |          |            | President and Sec'y |       |
| Signatures  |          |            |                     |       |
| Laurent A. Baillargeon, POA for Bruce H. Vincent                          |          | 06/24/2008 | 3                   |       |
| **Signature of Reporting Person   |          | Date       |                     |       |
| <b>Explanation of Responses</b>   | S:       |            |                     |       |

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.