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VAALCO ENER Form 4 April 25, 2017	GY INC /D	E/								
FORM 4								OMB A	PPROVAL	
	UNITED	STATES		RITIES A			COMMISSION	N OMB Number:	3235-0287	
Check this box if no longer	C C				Expires:	January 31,				
subject to Section 16. Form 4 or			WNERSHIP OF	Estimated burden hou response	urs per					
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940										
(Print or Type Respondence)	nses)									
1. Name and Address of Reporting Person <u>*</u> Bounds Cary M			2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
	VAALCO ENERGY INC /DE/ [EGY]				(Check all applicable)					
(Last)	3. Date of Earliest Transaction (Month/Day/Year)				_X_ Director 10% Owner _X_ Officer (give title Other (specify					
0800 PICHMOND AVE SUITE 04/21/2017								below) ecutive Officer	& COO	
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year) HOUSTON, TX 77042						al	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
	(State)	(Zip)	Tab	la I Non	Dorivotivo	Socurities A	Person	of or Bonoficio	lly Ownod	
1.Title of 2. Tra	ansaction Date	2A. Deem	ed	3.	4. Securi	ies		6. Ownership	7. Nature of	
Security (Mon (Instr. 3)	nth/Day/Year)	Execution any (Month/Da		Transactio Code (Instr. 8)	onAcquired Disposed (Instr. 3,	of (D) 4 and 5)	Beneficially Owned	Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A)or(D) Price	Transaction(s) (Instr. 3 and 4)			
Reminder: Report on	n a separate line	e for each cl	ass of sec	urities bene	ficially ow	ned directly	or indirectly.			
Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.SEC 1474 (9-02)										
	Tab					sposed of, or convertible	Beneficially Owned securities)	1		

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amoun
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	orDerivative	Expiration Date	Underlying Securiti

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		/Year)	(Instr. 3 and	4)
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amor Numl Share
Stock Appreciation Right	\$ 1.2	04/21/2017		А	754,717	<u>(1)</u>	04/21/2022	Common Stock	754,

Reporting Owners

Reporting Owner Name / Addre	ss Relationships							
	Director	10% Owner	Officer	Other				
Bounds Cary M 9800 RICHMOND AVE. SUITE 700 HOUSTON, TX 77042	Х		Chief Executive Officer & COO					
Signatures								
/s/ Cary M. Bounds	04/25/2017							
**Signature of	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Stock Appreciation Rights vest in three equal installments after (i) (a) the 30-trading day average price is at least \$1.30 and (b) April (1) 21, 2018; (ii)(a) the 30-trading day average price is at least \$1.50 and (b) April 21, 2019; and (iii) (a) the 30-trading day average price is at least \$1.75 and (b) April 21, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Person