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METLIFE I	NC										
Form 4											
March 02, 20											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB APPROVAL			
Check this box							OMB Number:	3235-0287			
if no long	GES IN BENEFICIAL OWNI SECURITIES 6(a) of the Securities Exchange A					Expires:	January 31, 2005				
subject to STATEMENT OF CHAN Section 16. Form 4 or						Estimated a burden hou response	iverage				
obligatio may cont <i>See</i> Instr 1(b).	ns Section 17(a	a) of the P	ublic Ut		ling Con	npan	y Act of	1935 or Section	n		
(Print or Type]	Responses)										
Carlson Peter M Symbol			Symbol	suer Name and Ticker or Trading ol 'LIFE INC [MET]				5. Relationship of Reporting Person(s) to Issuer			
(Last)		L	-			(Check all applicable)					
(Month/I				ate of Earliest Transaction nth/Day/Year) 28/2017				Director 10% Owner X_ Officer (give title Other (specify below) EVP & Chief Accounting Officer			
(Street) 4. If Ame				endment, Date Original				6. Individual or Joint/Group Filing(Check			
				nth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Aca	uired, Disposed of	or Beneficial	lv Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		ed Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership 7. Nature of Form: Direct Indirect (D) or Beneficial Indirect (I) Ownership (Instr. 4) (Instr. 4)		
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	02/28/2017			М	1,257	А	<u>(1)</u>	31,171	D		
Common Stock	02/28/2017			F <u>(2)</u>	504	D	\$ 52.49	30,667	D		
Common Stock	02/28/2017			М	1,209	А	<u>(1)</u>	31,876	D		
Common Stock	02/28/2017			F <u>(2)</u>	439	D	\$ 52.49	31,437	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)	5. Number mof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration E (Month/Day	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(1)</u>	02/28/2017		М	1,257	(3)	(3)	Common Stock	1,257	\$
Restricted Stock Units	<u>(1)</u>	02/28/2017		М	1,209	<u>(4)</u>	(4)	Common Stock	1,209	\$

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Carlson Peter M 200 PARK AVENUE NEW YORK, NY 10166			EVP & Chief Accounting Officer				
Signatures							

Mark A. Schuman, authorized 03/02/2017 signer

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each Restricted Stock Unit is the contingent right to receive one share of MetLife, Inc. common stock.
- (2) Shares withheld to satisfy the Reporting Person's tax withholding obligation due on the Restricted Share unit payout.
- (3) The Restricted Stock Units vest in three equal installments on February 24, 2016, 2017 and 2018. This installment became payable following the certification on February 28, 2017 that MetLife, Inc. met specified financial goals.

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(4) The Restricted Stock Units vested in three equal installments on February 25, 2015, 2016 and 2017. This installment became payable following the certification on February 28, 2017 that MetLife, Inc. met specified financial goals.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.