

QEP RESOURCES, INC.
Form 4
January 14, 2011

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
RATTIE KEITH O

(Last) (First) (Middle)
1050 17TH STREET, SUITE 500
(Street)

DENVER, CO 80265

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
QEP RESOURCES, INC. [QEP]

3. Date of Earliest Transaction (Month/Day/Year)
01/12/2011

4. If Amendment, Date Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Common Stock	01/12/2011		M		20,000	A	\$ 9.49
Common Stock	01/12/2011		S		20,000	D	\$ 38.4479
Common Stock	01/13/2011		M		20,000	A	\$ 9.49
Common Stock	01/13/2011		S		20,000	D	\$ 38.845
Common Stock	01/14/2011		M		20,000	A	\$ 9.49
Common Stock	01/14/2011		S		20,000	D	\$ 38.4479

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Common Stock	\$								
	38.0494								
Common Stock		2,542	I					IRA	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					V (A) (D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Stock Option	\$ 9.49	01/12/2011		M	20,000	08/13/2001	02/13/2011	Common Stock	20,000
Stock Option	\$ 9.49	01/13/2011		M	20,000	08/13/2001	02/13/2011	Common Stock	20,000
Stock Option	\$ 9.49	01/14/2011		M	20,000	08/13/2001	02/13/2011	Common Stock	20,000
Restricted Stock Unit	\$ 0					(2)	(2)	Common Stock	40,934
Stock Option	\$ 7.78					08/11/2002	02/11/2012	Common Stock	271,280
Stock Option	\$ 9.19					08/11/2003	02/11/2013	Common Stock	300,000
Stock Option	\$ 23.98					06/30/2010	03/05/2016	Common Stock	147,170
Stock Option	\$ 27.84					06/30/2010	02/13/2015	Common Stock	80,000
Stock Option	\$ 36.48					06/30/2010	02/12/2016	Common Stock	30,000
Stock Option	\$ 26.14					06/30/2010	10/24/2012	Common Stock	200,000
	\$ 27.55					06/30/2010	03/05/2017		125,000

Stock
Option

Common
Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
RATTIE KEITH O 1050 17TH STREET, SUITE 500 DENVER, CO 80265	X			

Signatures

Abigail L. Jones, Attorney
in Fact

01/14/2011

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) My disposition of these shares was pursuant to a 10b5-1 plan. The shares were acquired by the exercise of an option that that would have expired in early 2011.
 - (2) The restricted stock units vest in three equal annual installments beginning on July 1, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

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