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Matthews Ni Form 4										
May 14, 200	_					OMB A	PPROVAL			
FORM	UNITED		URITIES AND E		COMMISSION	OMB Number:	3235-0287			
Check the if no long	er		<u> </u>			Expires:	January 31, 2005			
subject to Section 1) SIAIEN	IENT OF CHA	NGES IN BENE SECURITIES	FICIAL OV	VNERSHIP OF	Estimated a burden hou	average			
Form 4 o Form 5		sugart to Spection	16(n) of the Security	response 0.						
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type I	Responses)									
Matthews Nicholas J. Symbol			uer Name and Ticker I htCar America, Ind	-	5. Relationship of Reporting Person(s) to Issuer					
(Last)	(First) (N	c c	of Earliest Transactio		(Chec	k all applicable	e)			
TWO NOR SUITE 1250	ΓΗ RIVERSIDE)		/Day/Year) /2009		Director 10% Owner X Officer (give title Other (specify below) below) Senior VP Operations					
			nendment, Date Origi Ionth/Day/Year)	nal	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
CHICAGO,	IL 60606				Form filed by M Person	Nore than One R	eporting			
(City)	(State)	(Zip) Ta	ble I - Non-Derivativ	e Securities A	cquired, Disposed of	f, or Beneficia	lly Owned			
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Execution Date, any	•	red (A) or sed of (D) 3, 4 and 5) (A) or nt (D) Price	Securities Beneficially Owned Following Reported Transaction(s) (Instr 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial			
Common Stock	05/12/2009		A <u>(1)</u> 722	$A \stackrel{\$ \ 0}{\underline{(2)}}$	14,092	D				

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

L S	. Title of Derivative Security Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. tionNumber of) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	Date	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
					Code N	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Matthews Nicholas J. TWO NORTH RIVERSIDE PLAZA SUITE 1250 CHICAGO, IL 60606			Senior VP Operations			
Signatures						

/s/ Laurence M. Trusdell, as attorney 05/14/2009 in fact

**Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Exempt issuance of restricted shares under Rule 16(b)-3 pursuant to the Issuer's 2005 Long Term Incentive Plan. These shares were

- (1) granted on May 12, 2009 and will vest in three equal annual installments beginning on May 12, 2010. The restricted shares are subject to certain restrictions (including possible forfeiture).
- The restricted shares were granted pursuant to the Issuer's 2005 Long Term Incentive Plan, for which no consideration was paid by the (2) recipient.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.