REMEDYTEMP INC
Form 4
July 05, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *
GOODING GUNNAR

(Last) (First) (Middle)

101 ENTERPRISE

(Street)

ALISO VIEJO, CA 92656

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol
REMEDYTEMP INC [REMX]

3. Date of Earliest Transaction (Month/Day/Year)
06/30/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

_____ Director _____ 10% Owner
__X__ Officer (give title below) _____ Other (specify below)
Vice President Human Resources

6. Individual or Joint/Group Filing(Check Applicable Line)
_X_ Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Class A Common Stock	06/30/2006		D		25,000	D	(1)	0	D	
Class A Common Stock	06/30/2006		D		10,000	D	(2)	0	D	
Class A Common Stock	06/30/2006		D		100	D	(3)	0	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(*e.g.*, puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. De Se (In
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Series A Common Stock (right to buy)	$ 9.71	06/30/2006		D			6,000	(4)	04/25/2015	Class A Common Stock	6,000	

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
GOODING GUNNAR 101 ENTERPRISE ALISO VIEJO, CA 92656			Vice President Human Resources	

Signatures

/s/ Gunnar B. Gooding	07/05/2006
**Signature of Reporting Person	Date

Explanation of Responses:

***** If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

****** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These shares of restricted Class A common stock vested five years from the grant date of December 18, 2001, or earlier, if certain pre-established performance goals have been met. They have been cancelled pursuant to the agreement and plan of merger among Koosharem Corporation, a California corporation, RT Acquisition Corp., a Delaware corporation and issuer in exchange for $17.00 per share.

(2)

These shares of restricted Class A common stock vest five years from the grant date of February 26, 2003, or earlier, if certain pre-established performance goals have been met. They have been cancelled pursuant to the agreement and plan of merger among Koosharem Corporation, a California corporation, RT Acquisition Corp., a Delaware corporation and issuer in exchange for $17.00 per share.

(3) These shares have been cancelled pursuant to the agreement and plan of merger among Koosharem Corporation, a California corporation, RT Acquisition Corp., a Delaware corporation and issuer in exchange for $17.00 per share.

(4) This option was cancelled pursuant to the agreement and plan of merger among Koosharem Corporation, a California corporation, RT Acquisition Corp., a Delaware corporation and issuer in exchange for $43,740.00 which is the product of (i) the excess of the merger consideration of $17.00 per share over the per share exercise price of the option multiplied by (ii) the number of shares of common stock subject to such option.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.
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