

ROWAN COMPANIES INC  
Form 4  
March 30, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
BUVENS JOHN L

(Last) (First) (Middle)

2800 POST OAK BLVD, SUITE 5450

(Street)

HOUSTON, TX 77056

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol

ROWAN COMPANIES INC [RDC]

3. Date of Earliest Transaction (Month/Day/Year)

03/29/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)

Senior Vice President - Legal

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | (A) or (D) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-------------------------------------------------------------------|------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------|
|                                 |                                      |                                                    | Code                           | V                                                                 | Amount     | Price                                                                                         |                                                          |                                            |
| Common Stock                    | 03/29/2006                           |                                                    | M                              |                                                                   | 20,000     | \$ 18.25                                                                                      | D                                                        |                                            |
| Common Stock                    | 03/29/2006                           |                                                    | S                              |                                                                   | 3,200      | \$ 44.6                                                                                       | D                                                        |                                            |
| Common Stock                    | 03/29/2006                           |                                                    | S                              |                                                                   | 1,300      | \$ 44.58                                                                                      | D                                                        |                                            |
| Common Stock                    | 03/29/2006                           |                                                    | S                              |                                                                   | 4,400      | \$ 44.56                                                                                      | D                                                        |                                            |
| Common Stock                    | 03/29/2006                           |                                                    | S                              |                                                                   | 4,800      | \$ 44.54                                                                                      | D                                                        |                                            |

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|              |            |   |       |   |          |        |   |
|--------------|------------|---|-------|---|----------|--------|---|
| Common Stock | 03/29/2006 | S | 2,300 | D | \$ 44.53 | 11,350 | D |
| Common Stock | 03/29/2006 | S | 4,000 | D | \$ 44.52 | 7,350  | D |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Security (Instr. 3 and 4) | Amount or Number of Shares |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------|----------------------------|
| Employee stock option (right to buy)       | \$ 18.25                                               | 03/29/2006                           |                                                    | M                              | 20,000                                                                                  | 04/27/2001 <sup>(1)</sup> 04/27/2011                     | Common Stock                                                | 20,000                     |

## Reporting Owners

| Reporting Owner Name / Address                                         | Relationships |           |                               |       |
|------------------------------------------------------------------------|---------------|-----------|-------------------------------|-------|
|                                                                        | Director      | 10% Owner | Officer                       | Other |
| BUVENS JOHN L<br>2800 POST OAK BLVD<br>SUITE 5450<br>HOUSTON, TX 77056 |               |           | Senior Vice President - Legal |       |

## Signatures

/s/ John L. Buvens 03/30/2006

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This option vested in four equal installments on April 27, 2001, 2002, 2003 and 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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