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TRICO BAN	NCSHARES /										
Form 4											
March 07, 20	006										
FORM							NOLO		OMB AI	PPROVAL	
	UNITED	STATES		shington,			NGE C	COMMISSION	OMB Number:	3235-0287	
Check th if no long	aer.								Expires:	January 31, 2005	
subject to Section 16. Form 4 or				SECUR	ITIES				Estimated a burden hou response	average rs per	
Form 5 obligatio may con <i>See</i> Instr 1(b).	ns Section 17(a) of the	Public Ut		ling Con	npan	y Act of	e Act of 1934, E 1935 or Section 40	1		
(Print or Type]	Responses)										
TARESH CARROLL R Syn			Symbol	2. Issuer Name and Ticker or Trading Symbol FRICO BANCSHARES / [tcbk]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (I	Middle)	3. Date of Earliest Transaction					(Chec	к ан аррисаон	;)	
		·	(Month/D 03/06/20	ay/Year)				X Director Officer (give below)		• Owner er (specify	
			endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution Date, if		3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)			d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
Common Stock	03/07/2006			J <u>(1)</u>	0	A	\$0	122,444	D		
Common Stock	03/07/2006			J <u>(1)</u>	0	А	\$0	8,000	Ι	By Wife	
Common Stock	03/06/2006			S	1,000	D	\$ 26.09	1,000 (2)	D		
Common Stock	03/07/2006			S	1,000	D	\$ 26.35	0	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transactie	5. onNumber	6. Date Exer Expiration D	ate	7. Tit Amou	int of	8. Price of Derivative	9. Nu Deriv
Security	or Exercise		any	Code	of	(Month/Day/	(Year)	Unde		Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative			Secur		(Instr. 5)	Bene
	Derivative				Securities			(Instr	. 3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
						Date Exercisable	Expiration Date	Title	Amount or Number of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
TARESH CARROLL R							
	Х						

Signatures

Suzanne Youngs "Power of	03/07/2006
Attorney"	03/07/2000

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) No transactions occurred among these shares, intended only to reflect number of shares beneficially owned.
- (2) Shares held by broker.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.