RYANAIR HOLDINGS PLC Form 6-K December 01, 2010

#### SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of December, 2010

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office Dublin Airport County Dublin Ireland (Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-\_\_\_\_\_

### TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARES

1. Identity of the issuer or the underlying issuer of Ryanair Holdings plc existing shares to which voting rights are attached:

2 Reason for the notification (please tick the appropriate box or boxes):

An acquisition or disposal of voting rights

An acquisition or disposal of qualifying financial instruments which may result in the acquisition of shares already issued to which voting rights are attached

An acquisition or disposal of instruments with similar economic effect to qualifying financial instruments

An event changing the breakdown of voting rights

Other (please specify):

3. Full name of person(s) subject to the notification obligation:		Capital Research and Management Company			
4. Full name of s 3.):	hareholder(s) (if different from				
5. Date of the tra threshold is cros	nsaction and date on which the sed or reached:	29th November 2010			
6. Date on which	issuer notified:	30th November 2010			
7. Threshold(s) t	hat is/are crossed or reached:	Above 16%			
<ul><li>8. Notified details:</li><li>A: Voting rights attached to shares</li></ul>					
Class/type of shares	Situation previous to the triggering transaction	Resulting situation after the triggering transaction			

if possible using the ISIN CODE		Numof		mber shares	Number or rights	of voting	% of vot	ing rights
	Shares	Voti	ng Dii	rect	Direct	Indirect	Direct	Indirect
Ordinary Share (IE00B1GKF38		Righ 745,				745,000		0.0501%
ADR's (US873513104	47,390,8 3)		,954,235			240,226,85	5	16.1589%
SUBTOTAL A (based on aggregate voting rights)	<b>y</b>	237	,699,235			240,971,8	55	16.2090%
B: Qualifying Financial Instruments Resulting situation after the triggering transaction								
Type of financia instrument	ıl Expirat date	С	xercise/ onversion eriod		t may be if the nt is	% of voting rights		
N/A								
C: Financial Instruments with similar economic effect to Qualifying Financial Instruments Resulting situation after the triggering transaction								
V 1	Exercise price	Expiration date	Exercise/ Conversion period	Number of voting rights instrument refers to		voting rights		
					N	ominal	Delta	

### Total (A+B+C)

240,971,855
Number of voting rights
240,971,855

Percentage of voting rights 16.2090%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

N/A

Proxy Voting:

10. Name of the proxy holder:	N/A
11. Number of voting rights proxy holder will cease to hold:	
12. Date on which proxy holder will cease to hold voting rights:	
13. Additional information:	333 South Hope Street, 55th Floor Los Angeles, California
14. Contact name:	90071 U.S.A Christopher Aquino
15. Contact telephone number:	(213) 615-0469

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

## RYANAIR HOLDINGS PLC

Date: 1 December, 2010

By:\_\_\_/s/ Juliusz Komorek\_\_\_\_\_

Juliusz Komorek Company Secretary