

RYANAIR HOLDINGS PLC
Form 6-K
August 05, 2008

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

**Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934**

For the month of August, 2008

RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office
Dublin Airport
County Dublin Ireland
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- _____

RYANAIR

**'S
JU
LY
TRAFFIC GROWS
19
%**

LOWEST FARES AIRTRAVEL GROWING RAPIDLY

Ryanair, Europe's
largest
low fare airlines today (Tuesday,
5th
August
2008
)
announced that it carried 5.
66
million

passengers in
July
, a 1
9%
(900,000 passenger)
in
crease
when
compared to July 2007
.

Ryanair
is
confident that
traffic
growth
will
remain strong
as

Ryanair

continue
s
to offer passengers
the

guaranteed lowest airfares and
no fuel surcharge
s
this winter.

These strong growth figures prove that low fares travel is growing rapidly as competitors raise their high fares and fuel surcharges.

Stephen McNamara

, Head

of

Communications

, said:

"

Ryanair's latest passenger figures show that we are

rapidly

growing

passenger

numbe

rs

this year.

The most significant thing a

bout today's figures is that we

carried over

15million passengers in the last three months

.

Passengers are

increasingly attracted to Ryanair's

gu

aranteed lowest

fares

and our promise of no fuel surcharge

s ever

".

The following are

Ryanair

's passenger and load factor statistics for

Ju

ly

200

8

:

	Ju	Ju	Increase	12 mth
	1	1		to
	0	08		Ju
	7			1
				0
				8
Passengers	4.	5.	19	5
(m)	76	66	%	4

	m	m	.
1			19
			m
Load Factor	90	89	-1
2	%	%	%
			81

- Represents the number of booked seats flown by Ryanair.
- Represents the number of passengers as a proportion of the number of seats available for passengers.

Ends.

Tuesday, 5
th
August 2008
For further information:
Stephen McNamara
- Ryanair

Pauline McAlester
-
Murray
Consultants
 Tel: 00 353 1 812
 1271

Tel: 00 353 1 4980 300

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 05 August 2008

By:____/s/ James Callaghan____

James Callaghan
Company Secretary & Finance Director