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SPIRENT PLC
Form 6-K
November 21, 2002

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER
PURSUANT TO RULE 13a-16 OR 15d-16
UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of November, 2002

SPIRENT plc

(Translation of registrant's name into English)

Spirent House, Crawley Business Quarter, Fleming Way, Crawley,
West Sussex RH10 9QL, UK.

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F X Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No X

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- _____

London Stock Exchange

NOTIFICATION OF MAJOR INTERESTS IN SHARES

All relevant boxes should be completed in block capital letters

1 Name of company

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SPIRENT plc

2 Name of shareholder having a major interest

AVIVA plc

3 Please state whether notification indicates that it is in respect of holding of the shareholder named in 2 above or in respect of a non-beneficial interest or in the case of an individual holder if it is a holding of that person's spouse or children under the age of 18

SHAREHOLDER IN 2 ABOVE

4 Name of the registered holder(s) and, if more than one holder, the number of shares held by each of them

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5	Number of shares / amount of stock acquired	6	Percentage of Issued Class	7	Number of shares /amount of stock disposed	8	Percentage of Issued Class
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-		-		1,380,763		0.15%
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9	Class of security	10	Date of transaction
	ORDINARY SHARES OF 3 1/3p EACH		18 November 2002

11 Date company informed
20 November 2002

12 Total holding following this notification
36,641,341

13 Total percentage holding of issued class following this notification
3.90%

14 Any additional information
NOTIFICATION IN ACCORDANCE WITH S.198-202 COMPANIES ACT 1985

15 Name of contact and telephone number for queries
LUKE THOMAS 01293 767658

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16 Name and signature of authorised company official
responsible for making this notification

Date of notification 21 NOVEMBER 2002

LUKE THOMAS -
DEPUTY COMPANY SECRETARY

London Stock Exchange, Company Announcements Office, Old Broad Street,
London EC2N 1HP

Facsimile: 0207 588 6057, 0207 334 8964/8965/8966 (PLEASE DO NOT POST)

Enquiries: Continuing Obligations: Telephone: 0207 797 3850/1639/1972/3150

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the
registrant has duly caused this report to be signed on its behalf by the
undersigned, thereunto duly authorized.

____LUKE THOMAS____

(Registrant)

Date 21 November, 2002

By ____/s/ Luke Thomas____

(Signature)*