Richardson Kevin A II Form 4 February 21, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

See Instruction

30(h) of the Investment Company Act of 1940 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Prides Capital Partners, LLC

2. Issuer Name and Ticker or Trading Symbol

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Executive Chairman

(Last)

(First)

(Street)

(State)

(Middle)

(Zip)

EDIETS COM INC [DIET] 3. Date of Earliest Transaction

_X__ Director

X__ 10% Owner

200 STATE STREET, 13TH

FLOOR

(City)

(Month/Day/Year) 02/16/2012

X_ Officer (give title Other (specify below)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year) Applicable Line)

Form filed by One Reporting Person

X Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

BOSTON, MA 02109

1.Title of 2. Transaction Date 2A. Deemed Security (Month/Day/Year) Execution Date, if (Instr. 3)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 3, 4 and 5) (Instr. 8)

5. Amount of 6. Ownership 7. Nature of Securities Form: Direct Indirect Beneficially (D) or Beneficial Indirect (I) Ownership Owned Following (Instr. 4) (Instr. 4)

Reported (A) Transaction(s)

Code V Amount (D) Price

(Instr. 3 and 4)

Common Stock

1,086,914 (1) $D^{(2)}$

Common Stock

7,484,878 (1)

Footnote (3)

See

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

(Month/Day/Year)

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SEC 1474 (9-02)

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$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (\emph{e.g.}, puts, calls, warrants, options, convertible securities) \\ \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. NumborDerivative Securitie Acquired or Dispose (D) (Instr. 3, and 5)	ve s l (A) sed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount o Number o Shares
Stock Option (Right to Buy)	\$ 30.15 (7)						<u>(4)</u>	01/02/2013	Common Stock	5,431 <u>(7</u>
Stock Option (Right to Buy)	\$ 16.85 (7)						<u>(4)</u>	01/02/2014	Common Stock	9,718 <u>(7</u>
Stock Option (Right to Buy)	\$ 4.72 <u>(7)</u>						(8)	06/24/2019	Common Stock	5,000 <u>(7</u>
Stock Option (Right to Buy)	\$ 7.65 <u>(7)</u>						<u>(9)</u>	11/19/2019	Common Stock	5,000 <u>(7</u>
Stock Option (Right to Buy)	\$ 6.95 <u>(7)</u>						<u>(4)</u>	01/04/2020	Common Stock	16,591 <u>(7)</u>
Stock Option (Right to Buy)	\$ 5 <u>(7)</u>						(10)	08/23/2020	Common Stock	5,000 <u>(7</u>
Stock Option (Right to Buy)	\$ 2.85 <u>(7)</u>						<u>(4)</u>	03/15/2021	Common Stock	40,000 <u>(7)</u>
Stock Option (Right to Buy)	\$ 18.95 (7)						<u>(4)</u>	04/02/2012	Common Stock	8,926 <u>(7</u>
Warrant for the	\$ 6 <u>(7)</u>						07/15/2009	07/15/2019	Common Stock	27,000 (7)

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Purchase of Common Stock									
Warrant for the Purchase of Common Stock	\$ 1.7675 (7)					02/07/2011	02/07/2014	Common Stock	193,940 <u>(7)</u>
Warrant for the Purchase of Common Stock	\$ 6 <u>(7)</u>					<u>(4)</u>	<u>(11)</u>	Common Stock	241,931 <u>(7)</u>
Stock Option (Right to Buy)	\$ 0.55	02/16/2012	A	s 5	50,000	<u>(12)</u>	02/16/2022	Common Stock	50,000

Reporting Owners

Reporting Owner Name / Address	Relationships							
Reporting Owner Plante, Plantess	Director	10% Owner	Officer	Other				
Prides Capital Partners, LLC 200 STATE STREET 13TH FLOOR BOSTON, MA 02109	X	X	Executive Chairman					
Richardson Kevin A II 200 STATE STREET 13TH FLOOR BOSTON, MA 02109	X	X						
Signatures								
Prides Capital Partners, LLC	02/21/	2012						
**Signature of Reporting Person	Date	e						
Kevin A. Richardson, II	02/21/	2012						
**Signature of Reporting Person	Date	e						

Reporting Owners 3

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The total number of common shares reflect a 1-for-5 reverse stock split, effective June 1, 2011.
- (2) Owned directly by Kevin A. Richardson, II.
 - The shares of Common Stock reported herein are owned directly by Prides Capital Fund I, L.P. Because Prides Capital Partners, L.L.C. is the general partner of Prides Capital Fund I, L.P., Prides Capital Partners, L.L.C. may be deemed to be the beneficial owner
- of shares owned by such entity. Because Kevin A. Richardson, II is the controlling member of Prides Capital Partners, L.L.C., he may be deemed to be the beneficial owner of shares deemed to be beneficially owned by such entity. Each of Prides Capital Partners, L.L.C., Prides Capital Fund I, L.P, and Kevin A. Richardson, II disclaim beneficial ownership of these shares, except to the extent of any pecuniary interest therein.
- (4) These options or warrants are immediately exercisable.
 - The options reported herein are owned directly by Kevin A. Richardson II. Mr. Richardson is deemed to hold the options for the benefit of Prides Capital Fund I, L.P., and may exercise the options solely upon the direction of Prides Capital Fund I, L.P., which is
- entitled to the shares issued upon exercise. Because Prides Capital Partners, L.L.C. is the general partner of Prides Capital Fund I, L.P., Prides Capital Partners, L.L.C. may be deemed to be the beneficial owner of options owned by such entity. Each of Prides Capital Partners, L.L.C., Prides Capital Fund I, L.P, and Kevin A. Richardson, II disclaim beneficial ownership of these options, except to the extent of any pecuniary interest therein.
 - The options or warrants reported herein are owned directly by Prides Capital Fund I, L.P. Because Prides Capital Partners, L.L.C. is the general partner of Prides Capital Fund I, L.P., Prides Capital Partners, L.L.C. may be deemed to be the beneficial owner of options and warrants owned by such entity. Because Kevin A. Richardson, II is the controlling member of Prides Capital Partners, L.L.C., he
- may be deemed to be the beneficial owner of options or warrants deemed to be beneficially owned by such entity. Each of Prides Capital Partners, L.L.C., Prides Capital Fund I, L.P, and Kevin A. Richardson, II disclaim beneficial ownership of these options and warrants, except to the extent of any pecuniary interest therein.
- (7) The total number of options or warrants and exercise price reflect a 1-for-5 reverse stock split, effective June 1, 2011.
- These options vest over a three-year period and are exercisable according to the following vesting schedule: 1,650 beginning on June 24, 2010, 1,650 beginning on June 24, 2011 and 1,700 beginning on June 24, 2012.
- (9) These options vest over a three-year period and are exercisable according to the following vesting schedule: 1,650 beginning on November 19, 2010, 1,650 beginning on November 19, 2011 and 1,700 beginning on November 19, 2012.
- (10) These options vest over a three-year period and are exercisable according to the following vesting schedule: 1,650 beginning on August 23, 2011, 1,650 beginning on August 23, 2012 and 1,700 beginning on August 23, 2013.
- A warrant to purchase 18,000 shares of common stock expires on September 11, 2019. A warrant to purchase 133,017 shares of common stock expires on October 22, 2019. A warrant to purchase 90,914 shares of common stock expires on November 12, 2019.
- (12) Exercisable according to the following vesting schedule: 25,000 beginning on May 15, 2012, 12,500 beginning on July 1, 2012 and 12,500 beginning on October 1, 2012.

Remarks:

Kevin A. Richardson, II has been deputized by Prides Capital Partners, L.L.C. to serve on the Issuer's board of directors, and t Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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