Edgar Filing: KRAFT HERBERT A - Form 4

KRAFT HEF	RBERT A										
Form 4	_										
May 25, 201	1										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL		
	UNITED S	SIAIES					GE C	COMMISSION	OMB	3235-0287	
Check thi	s box		vvas	hington,	D.C. 205	49			Number:	January 31,	
if no longer STATEMENT OF CHANG				GES IN BENEFICIAL OW				NERSHIP OF	Expires:	2005	
subject to Section 1	subject to				ITIES	U III	1011		Estimated average burden hours per		
Form 4 or									response	rs per 0.5	
Form 5	Filed purs	suant to S	Section 10	6(a) of the	Securiti	es Ex	chang	e Act of 1934,		0.0	
obligatior may conti	¹⁸ Section $17(s$						-	f 1935 or Section	n		
See Instru		30(h)	of the In-	vestment	Company	v Act	of 194	40			
1(b).											
(Duint an Tana D											
(Print or Type R	(esponses)										
1. Name and Address of Reporting Person 2. Issuer Name and Ticker or Trading 5. Relationship of Rep							Reporting Pers	son(s) to			
KRAFT HERBERT A Symbol			Traine und Tieker of Training				Issuer				
			CAN VANGUARD CORP								
			[AVD]					(Check all applicable)			
(Last)	(First) (M	(liddle)	3. Date of	Earliest Tra	ansaction			_X_ Director	_X_ 109	6 Owner	
(Month/Da			ay/Year)				Officer (give title Other (specify below) below)				
2110 DAVIE AVE. 05/23/20			011				below) below)				
	(Street)		4. If Amer	ndment, Date Original			6. Individual or Joint/Group Filing(Check				
			nth/Day/Year)				Applicable Line)				
							_X_Form filed by One Reporting Person Form filed by More than One Reporting				
COMMERC	CE, CA 90040							Person		porting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	ecurit	ies Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of	2. Transaction Date	A. Deer	med 3. 4. Securities Acquired					5. Amount of 6. Ownership 7. Natur			
Security	(Month/Day/Year)		on Date, if Transaction(A) or Disposed of					Indirect			
(Instr. 3)		any (Month/I	Day/Year)	Code (Instr. 8)	Code (D) (Instr. 8) (Instr. 3, 4 and 5)			Beneficially Owned	(D) or Indirect (I)	Beneficial Ownership	
(onur Duy)			Buy, I cui)	(insu: 0) (insu: 0, i and 0)			Following	(Instr. 4)			
						(A)		Reported			
						or		Transaction(s) (Instr. 3 and 4)			
Common				Code V	Amount	(D)	Price	()		See Note 1	
Common Stock	05/23/2011			S	26,700	D	\$ 10	2,964,827	Ι	(1) See Note 1	
STOCK										<u> </u>	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Securi (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date		Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addre	ess	Relationships						
		10% Owner	Officer	Other				
KRAFT HERBERT A 2110 DAVIE AVE. COMMERCE, CA 90040	Х	Х						
Signatures								
/s/ Herbert A. Kraft	05/24/2011							

<u>**</u>Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are held in a family trust where the reporting person is a trustee, except as to 13,834 shares held by the reporting person in an IRA.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.