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HORNBECK OFFSHORE SERVICES INC /LA

Form 3

February 16, 2006

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0104

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF

Expires:

January 31, 2005

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SECURITIES Estin

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OMB APPROVAL

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting 2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol Person * Statement HORNBECK OFFSHORE SERVICES INC /LA [HOS] Cook John S (Month/Day/Year) 02/14/2006 (Last) (First) (Middle) 4. Relationship of Reporting 5. If Amendment, Date Original Person(s) to Issuer Filed(Month/Day/Year) 103 NORTHPARK (Check all applicable) **BOULEVARD, Â SUITE 300** (Street) 6. Individual or Joint/Group 10% Owner Director _X__ Officer Other Filing(Check Applicable Line) (give title below) (specify below) _X_ Form filed by One Reporting Vice President and CIO Person COVINGTON, LAÂ 70433 Form filed by More than One Reporting Person (City) (State) (Zip) Table I - Non-Derivative Securities Beneficially Owned 4. Nature of Indirect Beneficial 1. Title of Security 2. Amount of Securities Beneficially Owned Ownership Ownership (Instr. 4) (Instr. 4) Form: (Instr. 5) Direct (D) or Indirect (I) (Instr. 5) Common Stock I 50 By UGMA custodian for children Â Common Stock 363 D Reminder: Report on a separate line for each class of securities beneficially SEC 1473 (7-02) owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
Security	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial
(Instr. 4)	(Month/Day/Year)	Derivative Security	or Exercise	Form of	Ownership
		(Instr. 4)	Price of	Derivative	(Instr. 5)

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	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	Security: Direct (D) or Indirect (I) (Instr. 5)	
Stock Option (right to buy)	05/28/2003(1)	05/28/2012	Common Stock	12,000	\$ 6.63	D	Â
Stock Option (right to buy)	03/13/2004(2)	03/13/2013	Common Stock	3,600	\$ 11.2	D	Â
Stock Option (right to buy)	02/17/2005(3)	02/17/2014	Common Stock	8,000	\$ 13.83	D	Â
Stock Option (right to buy)	02/22/2006(4)	02/22/2015	Common Stock	12,000	\$ 23.1	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
reporting of their remaining results of	Director	10% Owner	Officer	Other	
Cook John S 103 NORTHPARK BOULEVARD SUITE 300 COVINGTON Â LAÂ 70433	Â	Â	Vice President and CIO	Â	

Signatures

/s/ Paul M. Ordogne, as poa for John S. O2/16/2006

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Date

- (1) The option provides for vesting in four equal annual installments commencing on 5/28/2003.
- (2) The option provides for vesting in three equal annual installments commencing on 3/13/2004.
- (3) The option provides for vesting in three equal annual installments commencing on 2/17/2005.
- (4) The option provides for vesting in three equal annual installments commencing on 2/22/2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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