

YOUNG GREG
Form 4
December 19, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
YOUNG GREG

2. Issuer Name and Ticker or Trading Symbol
SONIC AUTOMOTIVE INC [SAH]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)
12/15/2005

____ Director
 Officer (give title below) _____ Other (specify below)
VP & Chief Accounting Officer

C/O SONIC AUTOMOTIVE, INC., 6415 IDLEWILD ROAD, SUITE 109

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

CHARLOTTE, NC 28212

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	
Class A Common Stock	12/15/2005 ⁽¹⁾		M	A	2,100	\$ 10.35	3,000 D
Class A Common Stock	12/15/2005 ⁽¹⁾		S	D	2,100	\$ 22.55	900 D
Class A Common Stock	12/16/2005 ⁽¹⁾		M	A	1,000	\$ 10.35	1,900 D
Class A Common Stock	12/16/2005 ⁽¹⁾		S	D	1,000	\$ 9.00	900 D

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Common Stock						22.55	
Class A Common Stock	12/19/2005 ⁽¹⁾		M	4,900	A	\$ 10.35	5,800 D
Class A Common Stock	12/19/2005 ⁽¹⁾		S	4,900	D	\$ 22.55	900 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Options to Purchase	\$ 10.35	12/15/2005 ⁽¹⁾		M	2,100	05/02/2004 05/02/2011	Class A Common Stock	2,100
Options to Purchase	\$ 10.35	12/16/2005 ⁽¹⁾		M	1,000	05/02/2004 05/02/2011	Class A Common Stock	1,000
Options to Purchase	\$ 10.35	12/19/2005 ⁽¹⁾		M	4,900	05/02/2004 05/02/2011	Class A Common Stock	4,900

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
YOUNG GREG C/O SONIC AUTOMOTIVE, INC.			VP & Chief Accounting	

6415 IDLEWILD ROAD, SUITE 109
CHARLOTTE, NC 28212

Officer

Signatures

/s/ Greg Young

12/19/2005

__Signature of
Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options exercised and shares sold pursuant to 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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