

THEISEN HENRY J
Form 4
January 05, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
THEISEN HENRY J

(Last) (First) (Middle)
ONE NEENAH CENTER, 4TH FLOOR, P.O. BOX 669
(Street)

NEENAH, WI 54957

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
BEMIS CO INC [BMS]

3. Date of Earliest Transaction (Month/Day/Year)
01/01/2010

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)
President & CEO

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V	Amount or Price (A) or (D)		
Common Stock	01/04/2010		M		29,098 (6) \$ 30.01	D	
Common Stock	03/31/2009		J		378 (3)	I	401(k) Plan
Common Stock	06/30/2009		J		186 (3)	I	401(k) Plan
Common Stock	09/30/2009		J		112 (3)	I	401(k) Plan
Common Stock	12/31/2009		J		100 (3)	I	401(k) Plan

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Common Stock	5,261	I <u>(1)</u>	Children
Common Stock	3,067	I <u>(2)</u>	Children

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Underlying Security (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title
Common Stock	<u>(4)</u>	01/01/2005	01/04/2010	M	45,000	12/31/2009 ⁽⁶⁾	12/31/2009	Common Stock
Common Stock	<u>(4)</u>	01/02/2006		A	48,000	12/31/2010 ⁽⁷⁾	12/31/2010	Common Stock
Common Stock	<u>(4)</u>	01/03/2007		A	49,000	12/31/2011 ⁽⁸⁾	12/31/2011	Common Stock
Common Stock	<u>(4)</u>	01/02/2008		A	51,000	12/31/2012 ⁽⁹⁾	12/31/2012	Common Stock
Common Stock	<u>(4)</u>	02/08/2008		A	15,000	01/01/2013 ⁽¹⁰⁾	01/01/2013	Common Stock
Common Stock	<u>(4)</u>	01/13/2009		A	37,154	12/31/2011 ⁽¹¹⁾	12/31/2011	Common Stock
Common Stock	<u>(4)</u>	01/13/2009		A	44,336	12/31/2013 ⁽¹²⁾	12/31/2013	Common Stock
Common Stock	<u>(4)</u>	01/01/2010		A	46,411	12/31/2012 ⁽¹³⁾	12/31/2012	Common Stock
Common Stock	<u>(4)</u>	01/01/2010		A	46,411	12/31/2014 ⁽¹⁴⁾	12/31/2014	Common Stock
Common Stock	\$ 24.59	01/01/2002		A	22,358	⁽¹⁵⁾	12/31/2011	Common Stock
Common Stock	\$ 24.815	01/02/2003		A	31,608	⁽¹⁵⁾	12/31/2012	Common Stock

