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E & S HOLDINGS INC Form 8-K February 10, 2006

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: February 10, 2006

E AND S HOLDINGS, INC. (Exact name of registrant as specified in its charter)

Nevada 000-50101 91-2135425 (State of incorporation (Commission File No.) (I.R.S. Employer or organization) Identification No.)

5046 East Boulevard, Northwest
Canton, Ohio
(Address of principal executive offices)

44718 (Zip Codes)

(330) 966-8120 (Registrant's telephone number, including area code)

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions

- [] Written communications pursuant to Rule 425 under the Securities Act
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act
- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

SECTION 8 - OTHER EVENTS

ITEM 8.01 - OTHER EVENTS

A stock option granted at the Annual Meeting of Shareholders to Mr. Eugene Swearengin as been amended by a shareholders action without meeting taken pursuant to the Nevada Revised Statutes. The action has amended the stock option by reducing the exercise price from 0.25 per share to 0.08 per share. All other terms and conditions of the stock option remain the same.

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Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: February 10, 2006

E and S Holdings Inc.

By: /s/ Edward A. Barth

Edward A. Barth, Chief Executive

Officer, Chief Financial Officer