

BASHINSKY JOANN F  
Form 4  
January 27, 2006

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
BASHINSKY JOANN F

2. Issuer Name and Ticker or Trading Symbol  
GOLDEN ENTERPRISES INC  
[GLDC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)  
08/02/2005

Director  10% Owner  
 Officer (give title below)  Other (specify below)

3421 BRIARCLIFF RD EAST

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

BIRMINGHAM, AL 35223

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	08/02/2005		J <sup>(1)</sup>	V Amount \$ 0	5,231,128 <sup>(1)</sup>	I <sup>(1)</sup>	By SYB, Inc. <sup>(1)</sup>
Common Stock	08/02/2005		J <sup>(1)</sup>	V Amount \$ 0	1,014,500 <sup>(1)</sup>	I <sup>(1)</sup>	By Estate of Sloan Y. Bashinsky, Sr. <sup>(1)</sup>
Common Stock					404,544 <sup>(2)</sup>	I <sup>(2)</sup>	By Bashinsky Foundation, Inc. <sup>(2)</sup>
					10,571	D	



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Committee have executed a Schedule 13D on behalf of a Voting Group of the Estate/Testamentary Trust and the SYB, Inc. Common Stock Trust.

- (2) Shares owned by the Bashinsky Foundation, Inc., a tax-exempt private foundation. Mrs. Bashinsky serves as a member of the Board of Directors and an officer of Bashinsky Foundation, Inc. Mrs. Bashinsky disclaims beneficial ownership of such shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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