INSTEEL INDUSTRIES INC

Form 4

August 31, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Estimated average

burden hours per

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

January 31, Expires: 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

response... 0.5

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * WOLTZ H O III			2. Issuer Name and Ticker or Trading Symbol INSTEEL INDUSTRIES INC [IIIN]				I	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of	3. Date of Earliest Transaction (Cl					к ан аррисао	ie)
1373 BOGO	GS DRIVE		(Month/D 08/30/2	-			_	_X Director _X Officer (give below) Chairman		% Owner her (specify d CEO
	(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check		
MOUNT A	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip)	Tabl	le I - Non-	Derivative	Secur	ities Acqui	red, Disposed of	, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction De (Month/Day/Yea	r) Execution	med on Date, if Day/Year)	Code (Instr. 8)	4. Securit or Dispos (Instr. 3,	sed of	(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	08/30/2016			S	20,000	D	\$ 34.468	61,222	I	co-trustee of Woltz Foundation
Common Stock								485,044	D	
Common Stock								51,294	I	Trustee of trusts for the benefit of children of H. O. Woltz III

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Common Stock	120,452	I	Co-trustee of Trusts created by Estate of Howard O. Woltz, Jr.
Common			
Stock			
(Restricted	40,932	D	
Stock			
Units)			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

8. Prio Deriv Secur (Instr.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 34.49					<u>(1)</u>	08/11/2026	Common Stock	12,965
Stock Option (Right to Buy)	\$ 21.96					<u>(1)</u>	02/17/2025	Common Stock	6,452
Common Stock (Right to Buy)	\$ 20.5					<u>(1)</u>	08/12/2024	Common Stock	7,072
Stock Option	\$ 20.27					<u>(1)</u>	08/13/2017	Common Stock	10,995

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(Right to Buy)					
Common Stock (Right to Buy)	\$ 19.08	<u>(1)</u>	02/12/2024	Common Stock	14,430
Stock Option (Right to Buy)	\$ 17.22	<u>(1)</u>	08/12/2023	Common Stock	14,389
Stock Option (Right to Buy)	\$ 23.95	<u>(1)</u>	02/11/2026	Common Stock	17,261
Stock Option (Right to Buy)	\$ 18.05	<u>(1)</u>	08/17/2025	Common Stock	22,971

Reporting Owners

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
WOLTZ H O III						
1373 BOGGS DRIVE	X		Chairman, President and CEO			
MOUNT AIRY NC 27030						

Signatures

James F. Petelle for H. O. Woltz III 08/31/2016

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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