WOLTZ H O III Form 4 March 07, 2013

#### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Issuer

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

Symbol

1(b).

(Print or Type Responses)

**WOLTZ HOIII** 

1. Name and Address of Reporting Person \*

			INSTER	INSTEEL INDUSTRIES INC [IIIN]					(Check all applicable)			
(I			(Month/D	3. Date of Earliest Transaction (Month/Day/Year) 03/06/2013					_X_ Director 10% OwnerX_ Officer (give title Other (specify below)			
				endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
MOUNT AIRY, NC 27030								Form filed by More than One Reporting Person				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									ially Owned			
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Execu- any	eemed tion Date, if h/Day/Year)	3. Transactic Code (Instr. 8)	4. Securition(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	03/06/2013			M	19,500	A	\$ 9.16	511,187	D			
Common Stock	03/06/2013			M	10,973	A	\$ 11.15	522,160	D			
Common Stock	03/06/2013			S	18,500	D	\$ 16.39	503,660	D			
Common Stock (2)								8,513	I	co-executor of Howard O. Woltz, Jr. Estate		
								365,130	I			

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Common Stock (2)			co-trustee of trusts established by Howard O. Woltz, Jr.
Common Stock (2)	21,222	I	Custodial account for minor child
Common			
Stock			
(Restricted	77,704	D	
Stock			
Units)			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	TransactionDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 11.15	03/06/2013		M		10,973	<u>(1)</u>	02/19/2018	Common Stock	10,973
Stock Option (Right to Buy)	\$ 9.16	03/06/2013		M		19,500	<u>(1)</u>	08/09/2020	Common Stock	19,500
Stock Option (Right to Buy)	\$ 11.6						<u>(1)</u>	08/10/2019	Common Stock	1,545
	\$ 9.39						<u>(1)</u>	02/09/2020		10,650

(9-02)

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Stock Option (Right to Buy)				Common Stock	
Stock Option (Right to Buy)	\$ 7.55	<u>(1)</u>	02/10/2019	Common Stock	10,870
Stock Option (Right to Buy)	\$ 16.45	<u>(1)</u>	02/12/2023	Common Stock	20,921
Stock Option (Right to Buy)	\$ 10.23	<u>(1)</u>	08/21/2022	Common Stock	32,967
Stock Option (Right to Buy)	\$ 13.06	<u>(1)</u>	02/21/2022	Common Stock	24,752
Stock Option (Right to Buy)	\$ 10.72	<u>(1)</u>	08/08/2021	Common Stock	30,928
Stock Option (Right to Buy)	\$ 12.43	<u>(1)</u>	02/08/2021	Common Stock	25,597
Stock Option (Right to Buy)	\$ 16.69	<u>(1)</u>	08/19/2018	Common Stock	15,957
Stock Option (Right to Buy)	\$ 17.11	<u>(1)</u>	02/13/2017	Common Stock	14,395
Stock Option (Right to Buy)	\$ 20.27	<u>(1)</u>	08/13/2017	Common Stock	11,878
Stock Option (Right to Buy)	\$ 20.26	<u>(1)</u>	08/14/2016	Common Stock	6,369
	\$ 15.64	<u>(1)</u>	02/14/2016		9,144

Stock Common Option Stock (Right to

#### **Reporting Owners**

Reporting Owner Name / Address Director 10% Owner Officer Other

Relationships

**WOLTZ HOIII** 1373 BOGGS DRIVE

Buy)

X Chairman, President and CEO

MOUNT AIRY, NC 27030

## **Signatures**

James F. Petelle for H. O. 03/07/2013 Woltz III

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date.
  - In addition to the gifts on November 3 and November 30, 2011, this Form also reflects the beneficial interest H. O. Woltz III is deemed to
- hold in the estate of his father, Howard O. Woltz, Jr., and in three trusts established by his father, following the death of his father on **(2)** January 2, 2011. Mr. Woltz III disclaims beneficial interest in the shares held in the estate and in trust, except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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