#### **INSTEEL INDUSTRIES INC**

Form 4

February 22, 2011

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### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

**OMB APPROVAL** 

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

January 31, Expires: 2005

0.5

Section 16. Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

**SECURITIES** 

burden hours per response...

Estimated average

may continue. See Instruction

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Ad Jafroodi Scot	Idress of Reporting	Person *	Symbol	Name <b>and</b> L INDUS				5. Relationship of Issuer		
(Last)	(First) (1	Middle)		3. Date of Earliest Transaction				ck all applicabl		
5532 GARDEN PARK LANE		(Month/Day/Year) 02/19/2011				Director 10% Owner _X_ Officer (give title Other (specify below) Chief Accounting Officer				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _ Form filed by More than One Reporting			
WINSTON S	SALEM, NC 27	106						Person	More than One R	eporting
(City)	(State)	(Zip)	Table	I - Non-D	erivative S	Securit	ties Acq	uired, Disposed o	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	) Execut	eemed tion Date, if h/Day/Year)	3. Transacti Code (Instr. 8)	4. Securi or(A) or D (D) (Instr. 3,	ispose	d of	Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/19/2011			Code V	Amount 903	(D)	Price \$ 12.6	(Instr. 3 and 4) 4,983	D	
Common Stock (Restricted Stock Units)								14,156	D	
Common Stock								1,648	I	Restricted

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secun (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Option (Right to Buy)	\$ 12.43					<u>(1)</u>	02/08/2021	Common Stock	4,693	
Incentive Stock Option (Right to Buy)	\$ 9.16					<u>(1)</u>	08/09/2020	Common Stock	6,180	
Incentive Stock Option (Right to Buy) (Common Stock)	\$ 9.39					<u>(1)</u>	02/09/2020	Common Stock	5,952	
Incentive Stock Option (Right to Buy)	\$ 11.6					<u>(1)</u>	08/10/2019	Common Stock	4,393	
Incentive Stock Option (right to buy)	\$ 7.55					<u>(1)</u>	02/10/2019	Common Stock	5,978	
	\$ 11.15					<u>(1)</u>	02/19/2018		5,278	

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Incentive Stock Option (right to buy)				Common Stock	
Incentive Stock Option (right to buy)	\$ 16.69	<u>(1)</u>	08/19/2018	Common Stock	2,926
Incentive Stock Option (right to buy)	\$ 17.11	<u>(1)</u>	02/13/2017	Common Stock	2,639
Incentive Stock Option (right to buy)	\$ 20.27	<u>(1)</u>	08/13/2017	Common Stock	2,178

# **Reporting Owners**

Reporting Owner Name / Address	Relationships
Reporting Owner Hume / Humess	

Director 10% Owner Officer Other

Jafroodi Scot R

5532 GARDEN PARK LANE Chief Accounting Officer

WINSTON SALEM, NC 27106

## **Signatures**

James F. Petelle for Scot R.
Jafroodi
02/22/2011

\*\*Signature of Reporting Person Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning 1 year from grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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