Edgar Filing: SNODGRASS S GARY - Form 4

SNODGRAS Form 4	SS S GARY									
April 23, 20	ЛЛ		anau					-	PPROVAL	
	UNITED	STATES		RITIES A Ashington			E COMMISSIO	N OMB Number:	3235-0287	
Check th if no long	ger STATEN	AFNT OF	СНАТ	NCES IN	RENEE		WNFRSHIP OF	Expires:	January 31, 2005	
In the folger STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP O subject to Section 16. Section 16. SECURITIES Form 4 or Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934						Estimated burden ho response.	urs per			
obligatio may com <i>See</i> Instr 1(b).	ns Section 17((a) of the F	Public U	Jtility Hol	ding Co		t of 1935 or Secti			
(Print or Type	Responses)									
			2. Issuer Name and Ticker or Trading Symbol RCM TECHNOLOGIES INC [RCMT]			5. Relationship of Reporting Person(s) to Issuer				
						INC	(Check all applicable)			
			3. Date of Earliest Transaction (Month/Day/Year)			X_ Director 10% Owner Officer (give title Other (specify below) below)				
2500 MCCI AVENUE,			04/21/2	2010						
				4. If Amendment, Date Original6. Individual orFiled(Month/Day/Year)Applicable Line)			Joint/Group Filing(Check			
PENNSAU	KEN, NJ 08109				- /		_X_ Form filed by	One Reporting I More than One F		
(City)	(State)	(Zip)	Tal	ble I - Non-J	Derivative	e Securities A	Acquired, Disposed	of, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution l any	Date, if	3. Transactio Code (Instr. 8)	Disposed	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A)or(D) Price	Transaction(s) (Instr. 3 and 4)			
Reminder: Rer	oort on a separate line	e for each cla	uss of sec	curities bene	ficially ow	ned directly	or indirectly.			
					Perso inforr requi	ons who re nation con red to resp ays a curre	spond to the collect tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	
	Tab					sposed of, or convertible	• Beneficially Owner securities)	d		
1. Title of 2	. 3. Trans	saction Date	3A. De	emed	4.	5. Number	r of 6. Date Exerci	sable and	7. Title and Amou	

1. Title of	2.	3. Transaction Date	3A. Deemed	4. 5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionDerivative	Expiration Date	Underlying Securities

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code Securities (Instr. 8) Acquired (or Dispose (D) (Instr. 3, 4 and 5)		(A) ed of		(Instr. 3 and 4)		S (
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 3.48	04/21/2010		А	10,000		<u>(1)</u>	04/21/2020	Common Stock	10,000	

Reporting Owners

Reporting Owner Name / Address		Relationsh				
	Director	10% Owner	Officer	Other		
SNODGRASS S GARY 2500 MCCLELLAN AVENUE SUITE 350 PENNSAUKEN, NJ 08109	Х					
Signatures						
S. Gary Snodgrass by Kevin D. I POA	Miller	04/2	3/2010			
**Signature of Reporting Person		Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in equal installments on the 1st two anniversaries of the grant date
- (2) Received as compensation for Board of Directors services

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.