

J2 GLOBAL COMMUNICATIONS INC
 Form 4
 March 15, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 SCHULHOF MICHAEL

2. Issuer Name and Ticker or Trading Symbol
 J2 GLOBAL COMMUNICATIONS INC [JCOM]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 03/13/2007

Director 10% Owner
 Officer (give title below) Other (specify below)

C/O J2 GLOBAL COMMUNICATIONS, 6922 HOLLYWOOD BLVD., 5TH FLOOR

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

LOS ANGELES, CA 90028

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
			Code	V	Amount (A) or (D) Price		
Common Stock, \$0.01 par value	03/14/2007		S		2,000	D	\$ 27.2066
					50,500	(1) (2)	D
Common Stock, \$0.01 par value	03/14/2007		S		2,000	D	\$ 27.2134
					48,500	(1)	D
	03/14/2007		S		3,500	D	45,000 (1)
							D

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Common Stock, \$0.01 par value					\$ 27.2363		
Common Stock, \$0.01 par value	03/14/2007	S	6,000	D	\$ 27.25	39,000 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	2,000	D	\$ 27.2816	37,000 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	2,000	D	\$ 27.294	35,000 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	4,153	D	\$ 27.36	30,847 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	300	D	\$ 27.37	30,547 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	100	D	\$ 27.38	30,447 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	600	D	\$ 27.39	29,847 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	4,860	D	\$ 27.4	24,987 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	400	D	\$ 27.41	24,587 <u>(1)</u>	D
Common Stock, \$0.01 par value	03/14/2007	S	400	D	\$ 27.42	24,187 <u>(1)</u>	D
	03/14/2007	S	300	D	\$ 27.43	23,887 <u>(1)</u>	D

Common Stock, \$0.01 par value								
Common Stock, \$0.01 par value	03/14/2007	S	100	D	\$ 27.44	23,787 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	140	D	\$ 27.45	23,647 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	500	D	\$ 27.46	23,147 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	1,076	D	\$ 27.47	22,071 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	100	D	\$ 27.48	21,971 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	671	D	\$ 27.49	21,300 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	700	D	\$ 27.51	20,600 <u>(1)</u>	D	
Common Stock, \$0.01 par value	03/14/2007	S	600	D	\$ 27.53	20,000 <u>(1)</u>	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

