KELLER MARK A Form 4

April 01, 2005

FORM 4

Check this box

if no longer

subject to

Section 16.

Form 4 or

obligations

Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington D.C. 20549

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

may continue. *See* Instruction

(Ctata)

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading KELLER MARK A Issuer Symbol ROWAN COMPANIES INC [RDC] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title _ Other (specify 2800 POST OAK BLVD, SUITE 03/31/2005 below) 5450 Senior Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting HOUSTON, TX 77056-6127 Person

(City)	(State) (A	Table Table	I - Non-Do	erivative Secu	irities Ac	quired, Disposed	of, or Beneficial	lly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities		5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	TransactionAcquired (A) or		Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code	Disposed of (D)		Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 aı	nd 5)	Owned	Indirect (I)	Ownership
						Following	(Instr. 4)	(Instr. 4)
						Reported		
				(A		Transaction(s)		
			Code V	ο Amount (Γ		(Instr. 3 and 4)		
Common Stock	03/31/2005		M	5,000 A	\$ 1	24,886 (1)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

OMB APPROVAL

Estimated average

burden hours per

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		3 1 3 (
				Code V	(A) (D))	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Option (Right to Buy)	\$ 1	03/31/2005		M	1,2	50	04/28/1996	04/28/2005	Common Stock	1,250	
Option (Right to Buy)	\$ 1	03/31/2005		M	1,2	50	04/28/1997	04/28/2005	Common Stock	1,250	
Option (Right to Buy)	\$ 1	03/31/2005		M	1,2	50	04/28/1998	04/28/2005	Common Stock	1,250	
Option (Right to Buy)	\$ 1	03/31/2005		M	1,2	50	04/28/1999	04/28/2005	Common Stock	1,250	

Reporting Owners

Reporting Owner Name / Address	Relationships
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Director 10% Owner Officer Other

KELLER MARK A 2800 POST OAK BLVD SUITE 5450 HOUSTON, TX 77056-6127

Senior Vice President

Signatures

/s/ Mark A. 04/01/2005 Keller

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects the Reporting Person's aggregated directly-owned and indirectly-owned shares (2,386), the latter being shares in the Rowan Common Stock Fund under the Company's 401(k) plan (a unitized plan) at Febuary 28, 2005, such number of shares, which fluctuates, being calculated as equivalent values based upon the value of the total units divided by the corresponding closing price of the underlying Rowan Common Stock on that date.

Reporting Owners 2

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.