O'Beirne Colin P Form 4 February 28, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB Washington, D.C. 20549 Number:

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Last)

(City)

12359

(Print or Type Responses)

1. Name and Address of Reporting Person * O'Beirne Colin P

(First)

(Street)

(State)

2. Issuer Name and Ticker or Trading

Symbol

SOUTHWESTERN ENERGY CO

3. Date of Earliest Transaction

4. If Amendment, Date Original

[SWN]

(Month/Day/Year)

10000 ENERGY DRIVE, P. O. BOX 02/26/2019

(Middle)

(Zip)

6. Individual or Joint/Group Filing(Check

5. Relationship of Reporting Person(s) to

(Check all applicable)

Vice President and Controller

10% Owner

Other (specify

OMB APPROVAL

Estimated average

burden hours per

Expires:

response...

3235-0287

January 31,

2005

0.5

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Issuer

below)

Director

X_ Officer (give title

SPRING, TX 77391

(City)	(State) (Table	e I - Non-D	erivative	Secur	ities Acc	quired, Disposed (of, or Beneficial	lly Owned
1.Title of Security	2. Transaction Date (Month/Day/Year)		3.	4. Secur			5. Amount of Securities	6. Ownership Form: Direct	7. Nature of Indirect
(Instr. 3)	(World Day Tear)	any	Code	ransaction(A) or Disposed of ode (D)			Beneficially	(D) or	Beneficial
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)			Owned	Indirect (I)	Ownership
							Following	(Instr. 4)	(Instr. 4)
					(A)		Reported Transaction(s)		
			Code V	A manumat	or (D)	Derica	(Instr. 3 and 4)		
Common			Code V	Amount	(D)	Price \$ 0			
Stock	02/27/2019		M	9,015	A	<u>(1)</u>	35,121	D	
Common						\$			
Stock	02/27/2019		D	9,015	D	4.29	26,106	D	
Common							2 252 7520	T	h., 4011/
Stock							2,353.7529	1	by 401K

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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displays a currently valid OMB control

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of inDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Restricte Stock U	\$ (1)	02/27/2019		M		9,015	(2)	(2)	Common Stock	9,015
Restricte Stock U	(3)	02/26/2019		A	53,580		<u>(4)</u>	<u>(4)</u>	Common Stock	53,580

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

O'Beirne Colin P 10000 ENERGY DRIVE P. O. BOX 12359 SPRING, TX 77391

Vice President and Controller

Signatures

/s/ Melissa D. McCarty, attorney-in-fact for Colin P. O'Beirne

02/28/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each Restricted Stock Unit ("RSU") has the economic equivalent of one share of Southwestern Energy Company ("SWN") common stock. The RSUs vesting on February 27, 2019 were settled in cash based on the closing price of SWN common stock on the vesting date.
- On February 27, 2018, the reporting person was granted 36,060 RSUs, vesting in four equal installments beginning on the first (2) anniversary of the grant date, or immediately upon death, disability, retirement at age 65 with required years of service, or a change in control. Vesting RSUs will be settled in shares of SWN common stock, cash, or a combination of shares of SWN common stock and cash.
- (3) Each RSU represents a contingent right to receive one share of SWN common stock or an amount in cash equal to the Fair Market Value of one share of SWN common stock.
- On February 26, 2019, the reporting person was granted RSUs, vesting in four equal installments beginning on the first anniversary of the grant date, or immediately upon death, disability, retirement at age 65 with the required years of service, or a change in control. Vesting RSUs will be settled in shares of SWN common stock, cash, or a combination of shares of SWN common stock and cash.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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