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Segil Larraine D Form 4											
January 04, 2011									OMB A	PPROVA	L
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								· ·	OMB Jumber:	3235-0287	
Check this box if no longer										Januar	y 31, 2005
subject to Section 16. Form 4 or				HANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Estimated average burden hours per response	
Form 5 obligations may continue. <i>See</i> Instruction 1(b).	Section 17((a) of the I	Public U	tility Hol	ding Co		nge Act of 1934, of 1935 or Secti 1940				
(Print or Type Respo	onses)										
1. Name and Address of Reporting Person <u>*</u> Segil Larraine D			2. Issuer Name and Ticker or Trading Symbol FRONTIER COMMUNICATIONS CORP [FTR]				Issuer	5. Relationship of Reporting Person(s) to Issuer			
							(Check all applicable)			e)	
(Last) 3 HIGH RIDGE		Middle)	3. Date of Earliest Transaction (Month/Day/Year) 12/31/2010			X_ Director Officer (gi below)	ve title		6 Owner er (specify		
(Street) STAMFORD, CT 06905			4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(State)	(Zip)				a	Person		-		
1.Title of 2. Tr	ansaction Date		ed Date, if	3. Transactic Code (Instr. 8)	4. Securit	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Or Form (D) o (I)	wnership	7. Nature Indirect	of ll
Reminder: Report of	n a separate line	e for each cla	ass of seci								
					Perso inforr requi	ons who res nation con red to resp ays a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are orm	not	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A Disposed of (Instr. 3, 4, 5)	f (D)			
				Code V	(A)	(D) Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Units	<u>(1)</u>	12/31/2010		A <u>(2)</u>	1,293.53	<u>(1)</u>	(1)	Common Stock	1,293.53
Phantom Stock Units	(1)	01/03/2011		A <u>(3)</u>	2,267.23	<u>(1)</u>	(1)	Common Stock	2,267.23

Reporting Owners

Reporting Owner Name / Address		Relationsh		
	Director	10% Owner	Officer	Other
Segil Larraine D 3 HIGH RIDGE PARK STAMFORD, CT 06905	Х			
Signatures				
/s/ David G. Schwartz, under P Attorney	ower of		01/04/2	2011
**Signature of Reporting Pers	Date			

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Phantom stock units convert one-for-one into shares of common stock or cash equivalent, at the election of the Reporting Person, upon the Reporting Person's termination of service as a director of the Company.
- (2) Acquired pursuant to a dividend reinvestment feature of the Non-Employee Directors' Equity Incentive Plan.

(3) Quarterly payment of annual retainer paid in the form of phantom stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.