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TELEDYNE TECHNOLOGIES INC Form 4 January 28, 2016 OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading Belak Cynthia Y Issuer Symbol TELEDYNE TECHNOLOGIES INC (Check all applicable) [TDY] 3. Date of Earliest Transaction (Last) (First) (Middle) Director 10% Owner _X__ Officer (give title Other (specify (Month/Day/Year) below) below) **1039 CAMINO DOS RIOS** 01/26/2016 Vice President and Controller (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting THOUSAND OAKS, CA 91360 Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Form: Direct Indirect (Instr. 3) any Code (Instr. 3, 4 and 5) Beneficially (D) or Beneficial Owned Indirect (I) Ownership (Month/Day/Year) (Instr. 8) Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price \$ Common 1,163 5,257.6394 01/26/2016 D 83.27 А Α (3) (1)Stock (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number prof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 78.4	01/26/2016		А	8,000	01/26/2017(4)	01/26/2026	Common Stock	8,000

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Reporting Owners

Reporting Owner Name / Address	Relationships						
I. B.	Director	10% Owner	Officer	Other			
Belak Cynthia Y 1039 CAMINO DOS RIOS THOUSAND OAKS, CA 91360			Vice President and Controller				
Signaturos							

Signatures

Cynthia Y. 01/28/2016 Belak **Signature of Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents restricted shares issued to the Reporting Person under the 2016-2018 Restricted Stock Award Program.
- (2) Price used to calculate the Restricted Stock award/
- Reporting person holds 4652.6394 shares directly and 605 shares held indirectly by the Belak Family Trust. Shares held directly include (3) 110.5574 shares purchased under the Employee Stock Purchase Plan and 739.082 equivalent shares held in the Teledyne Technologies 401(k) Plan based on information received as of January 25, 2016.
- (4) The options vest in three equal annual installments beginning January 26, 2017. The first vesting date is stated.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.