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ABDOO EL	IZABETH A										
Form 4	2007										
February 12,										PROVAL	
FORM	4 UNITED	STATES					NGE CO	OMMISSION	OMB OMB Number:	3235-0287	
Check thi		Washington, D.C. 20549						Expires:	January 31, 2005		
if no long subject to Section 1 Form 4 o Form 5	6. r	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
obligation may cont <i>See</i> Instru 1(b).	inue. Section 17	(a) of the l	Public U		ling Com	pany	Act of	Act of 1934, 1935 or Section)			
(Print or Type F	Responses)										
1. Name and A ABDOO EL	Symbol					5. Relationship of Reporting Person(s) to Issuer					
			HOST HOTELS & RESORTS, INC. [HST]					(Check all applicable)			
(Last)	(First)	(Middle)	(Month/Dav/Year)X					Director X Officer (give t	title Othe	Owner r (specify	
6903 ROCK 1500	LEDGE DRIVI	E, SUITE	02/08/2	-				below) Executiv	below) e Vice Preside	ent	
				d(Month/Day/Year) A				5. Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person			
BETHESDA	A, MD 20817							_X_ Form filed by Of Form filed by Mo Person			
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative S	Securi	ties Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date any (Month/Day/Year)			n Date, if	3. Transactic Code (Instr. 8)	4. Securiti for Dispose (Instr. 3, 4	ed of ((D)) 5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)		
Common Stock	02/08/2007			A <u>(1)</u>	45,743	A	\$ 27.885	105,180	D		
Common Stock	02/08/2007			F	20,349	D	\$ 27.885	84,831	D		
Restricted Stock	02/08/2007			A <u>(1)</u>	45,743	D	\$ 27.885	134,899	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owna Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address				
	Director	10% Owner	Officer	Other
ABDOO ELIZABETH A 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817			Executive Vice President	
Signatures				

Elizabeth A. 02/12/2007 Abdoo **Signature of

Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction represents the release of restrictions on shares of restricted stock which vests on a periodic basis, and inclusion of such (1) shares into unrestricted common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.