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REED SAM Form 4 March 19, 2003

 FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of Section 17(a) of the Public Utility Holding Company Act of 1935 Section 30(h) of the Investment Company Act of 1940					
// CHECK THIS BOX IF NO LONGER SUBJECT TO SECTION 16. FORM 4 OR FORM 5 OBLIGATIONS MAY CONTINUE. SEE INSTRUCTION 1(b). (Print or Type Responses)								
1. N	Tame and Ad	ddress of Repor	rting Person*	2. Issuer Name AND Ticker or Trading Symbol	6. 1			
R	leed	Sam	K	Weight Watchers International, Inc. (WTW)	_:			
622	(Last) West Maple	(First)	(Middle)	3. I.R.S. Identification 4. Statement for Number of Reporting Month/Day/Year Person, if an entity (voluntary) March 17, 2003				
		(Street)		5. If Amendment, Date of Original (Month/Day/Year)	7. X			
Hins	dale	Illinois	60521	SSN: 463-76-8083				
	(City)	(State)	(Zip)	TABLE I - NON-DERIVATIVE SECURITIES ACQUIRED,	, D			
S	Security	Date,	Execution Date, if any (Month/	action or Disposed of (D) Securification Code (Instr. 3, 4 and 5) Benefit (Instr. 8) Owned ing F	Securit Benefic Owned F ing Rep			
			_	(A) or (Inst	tr.			

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1. Title of Derivative Security (Instr. 3)	sion on Exercis	r se of (action		ution , ny th/		ode	5. Numbe ative quire posed (Inst
					Co	de	V	(A)
Options (right to buy)	\$40.61	0			A			2,000
							- 	
Underlying Securities (Instr. 3 and 4)	B. Price of Derivative Security (Instr. 5)		Number of Derivative Securities Beneficial Owned Following Reported Transaction	ly	Ownersh Form of Derivat Securit Direct Indirec (Instr.	ive ies: (D) or t (I)		Nature of Indirect Benefici Ownershi (Instr.
Title Amount or Number of Shares			(Instr. 4)					

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Common	Stock,				Sam K.
no par	value	2,000	4,000	I	Reed and
					Victoria
					Reed Inte
					Vivos
					Trust
Explana	ation of R	esponses:			

/s/ Sam K. Reed

**Signature of F Sam K. Reed

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, SEE Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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LAST UPDATE: 09/05/2002

^{**}Intentional misstatements or omissions of facts constitute Federal Criminal Violations. SEE 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).