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CHOICE HOTELS INTERNATIONAL INC /DE

Form 4

Common

Common

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Stock

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11/30/2004

11/30/2004

12/02/2004

12/02/2004

December 02, 2004

FORM	И Д							OMB A	APPROVAL		
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	3235-0287		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction See Instruction STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								Expires:	January 31,		
								Estimated average burden hours per response 0.5			
1(b). (Print or Type	e Responses)										
SQUERI JOSEPH M Syml CHO			Symbol CHOICE H	ne and Ticker OTELS TIONAL IN			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Mon			Date of Earl Month/Day/Y 1/30/2004	iest Transactio	on		Director 10% Owner Officer (give title Other (specify below)				
(Street) 4. If An Filed(M				ent, Date Origi ny/Year)	nal		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
SILVER S	PRING, MD 2090	01					Person	Iore than One F	Reporting		
(City)	(State)	(Zip)	Table I -	Non-Derivati	ve Secu	rities Acqu	uired, Disposed of	, or Beneficia	ally Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Da any (Month/Day/Y	Code Year) (Instr	actionor Dispo (Instr. 3,	sed of (4 and 5 (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	11/30/2004		M	7,500	A	\$ 16.5313	66,361	D			

M

S

M

M

25,879 A

33,379 D

2,500

1,085

A

\$ 16.75

51.0131

\$ 16.5313

\$ 12.625 62,446

92,240

58,861

61,361

D

D

D

D

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Common Stock	12/02/2004	M	1,500	A	\$ 15.72	63,946	D	
Common Stock						1,594	I	By Wife
Common Stock						1,595	I	401(K)
Common Stock						2,580	I	Non-Qualified Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 16.5313	11/30/2004		M		7,500	<u>(1)</u>	04/29/2008	Common Stock	7,500
Employee Stock Option	\$ 16.75	11/30/2004		M		25,879	<u>(1)</u>	02/07/2010	Common Stock	25,879
Employee Stock Option	\$ 16.5313	12/02/2004		M		2,500	<u>(1)</u>	04/29/2008	Common Stock	2,500
Employee Stock Option	\$ 12.625	12/02/2004		M		1,085	<u>(1)</u>	02/01/2009	Common Stock	1,085
Employee Stock Option	\$ 15.72	12/02/2004		M		1,500	<u>(1)</u>	06/03/2009	Common Stock	1,500

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SQUERI JOSEPH M 10750 COLUMBIA PIKE SILVER SPRING, MD 20901

Sr. VP, CFO & Treasurer

Signatures

Joseph M. Squeri 12/02/2004

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Excercisable in 5 equal annual installments beginning on the first anniversary of grant date

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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